



60 Softgels

No. 676

MELATONIN 5 MG

Dietary Supplement

GLUTEN FREE

EST
1960

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Melatonin	5 mg †

† Daily Value not established

Other Ingredients: Soybean oil, gelatin, vegetable glycerin, yellow beeswax, soy lecithin, titanium dioxide color, purified water.

Contains Soy.

Directions: As a dietary supplement for adults, take 1 softgel at bedtime as Melatonin may produce drowsiness, or as directed by a healthcare professional.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18.

Store at room temperature.
Protect from light.
Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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