

# Vitacost L-OptiZinc® -- 30 mg - 200 Capsules



SKU #: 835003001095

Premium form of zinc. Supports a healthy immune system.\* Also provides antioxidant protection.\*

**What is Vitacost L-OptiZinc?**

Vitacost L-OptiZinc is a unique, patented form of zinc. It consists of the mineral zinc bound to the natural and more bioavailable "L" form of the amino acid methionine (L-methionine).

## Vitacost L-OptiZinc® Directions

As a dietary supplement, take 1 capsule daily with food or as directed by a physician.

Store in a cool, dry place.

### Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 200

	Amount Per Serving	% Daily Value
Zinc (as zinc methionine) L-OptiZinc®	30 mg	200%

*Other Ingredients: Gelatin (capsule), rice flour, stearic acid and magnesium stearate.*

**L-OptiZinc®**

L-OptiZinc® is a registered trademark of InterHealth Nutraceuticals, Inc.

### Warnings

Pregnant or lactating women, diabetics, hypoglycemics, and people with known medical conditions and/or taking drugs, should consult with a licensed physician and/or pharmacist prior to taking dietary supplements. Keep out of reach of children.