

Herb Specialists Since 1972

Female Glandular System Support GUARANTEED PURE

Heavy menstruation isn't just inconvenient, it may also be painful, especially when it is accompanied by cramping, bloating, and mild mood changes. **Menstrual Reg** is designed to help reduce these symptoms while keeping hormones balanced.*

RECOMMENDATION

Take two to three capsules with a meal three times daily. For a more immediate effect, it can be taken in larger amounts for short periods of time, for example, every two hours for a period of several days. For best results, this formula should be taken over a period of several months.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Notice: Pregnant or lactating women should consult their health care professional prior to taking this supplement.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.

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MENSTRUAL REG

- Formulated to Help with Heavy Menstruation
- Supports a More Comfortable Menstrual Cycle*

Herbal Dietary Supplement
100 CAPSULES

Stock No. 1125-3
NATURE'S SUNSHINE PRODUCTS, INC.
Spanish Fork, Utah 84660 1-800-223-8225
www.naturesunshine.com

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 33

Amount Per 3 Capsules

Proprietary Blend	1110 mg*
Lady's Mantle Aerial Parts (<i>Alchemilla vulgaris</i>)	
Shepherd's Purse Aerial Parts (<i>Capsella bursa-pastoris</i>)	
Yarrow Aerial Parts (<i>Achillea millefolium</i>)	
Yarrow Leaf & Flower Extract (<i>Achillea millefolium</i>)	
Black Haw Root (<i>Viburnum prunifolium</i>)	
Nettle Leaf (<i>Urtica dioica</i>)	
Sarsaparilla Root (<i>Smilax officinalis</i>)	
Chaste Tree Berry Extract (<i>Vitex agnus-castus</i>)	
False Unicorn Root (<i>Chamaelirium luteum</i>)	

*Daily Value not established

Other Ingredients: Capsule (gelatin, water).

KO
NATURE

LOT:
Full Potency Through:

