

Rx Only
NDC 0178-0898-30

CitraNatal[®] DHA

Rx Prenatal Vitamin Tablet and 250 mg DHA Capsule

Child-Resistant Blister Packaging



#1
Rx prenatal
vitamin brand*

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NDC 0178-0898-30

*Gentle nutrition
for baby and mom*

CitraNatal[®] DHA

Rx Prenatal Vitamin Tablet and 250 mg DHA Capsule

- Patented dual-ion formulation
- Gentle calcium citrate for less gas and bloating
- Natural, plant-based DHA for your baby's healthy development
- Gluten and lactose free

*Gentle nutrition
for baby and mom*

Contains
Stool
Softener

CitraNatal[®] DHA

Rx Prenatal Vitamin Tablet and 250 mg DHA Capsule

An Rx prenatal
vitamin and
omega-3 (DHA)
derived from an
all natural
plant source



merch of dimes

Mission Pharmacal is a proud
supporter of the March of Dimes[®]



CONTAINS
Six 5-day Blister Packs

CitraNatal[®] DHA

Rx Prenatal Vitamin Tablet and 250 mg DHA Capsule

DESCRIPTION: CitraNatal[®] DHA is a prescription prenatal/postnatal multivitamin/mineral tablet with Ferri-Ease[®], a patented dual-ion delivery comprising both a quick release and slow release iron, and a capsule of an essential fatty acid. The prenatal vitamin is a white, scored, oval multivitamin/mineral tablet. The tablet is debossed "CN RX" on one side and is blank on the other. The essential fatty acid DHA capsule is a natural colored and contains a light yellow to orange semi-solid mixture.

Each prenatal tablet contains:

Vitamin C (Ascorbic acid).....	120 mg
Calcium (Calcium citrate).....	125 mg
Iron (Carbonyl Iron, ferrous gluconate).....	27 mg
Vitamin D3 (Cholecalciferol).....	400 IU
Vitamin E (d-alpha-tocopheryl acetate).....	30 IU
Thiamin (Vitamin B1).....	3 mg
Riboflavin (Vitamin B2).....	3.4 mg
Niacinamide (Vitamin B3).....	20 mg
Vitamin B6 (Pyridoxine).....	20 mg
Folic Acid.....	1 mg
Iodine (Potassium Iodide).....	150 mcg
Zinc (Zinc oxide).....	25 mg
Copper (Cupric oxide).....	2 mg
Docusate Sodium.....	50 mg

Each DHA gelatin capsule contains:

Docosahexaenoic Acid (DHA, 40% from 825 mg Algal Oil)..... 250 mg
Eicosapentaenoic Acid (EPA)..... Not more than 0.625 mg
Other ingredients in DHA gelatin capsule: High Oleic Sunflower Oil,
Safflower Lecithin, Rosemary Extract, Tocopherols, Ascorbyl Palmitate.

INDICATIONS: CitraNatal[®] DHA is a multivitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Accidental overdosage of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anti-coagulants and in those known to have an inherited or acquired bleeding diathesis.

CitraNatal[®] DHA

Rx Prenatal Vitamin Tablet and 250 mg DHA Capsule

WARNING: Folic acid abuse is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B₁₂ is deficient.

PRECAUTIONS: Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

DOSEAGE AND ADMINISTRATION: One tablet and one capsule daily or as directed by a physician.

STORAGE: Store at 20-25°C (68-77°F).

NOTICE: Contact with moisture can discolor or erode the tablet.

HOW SUPPLIED: Six child-resistant blister packs of 5 tablets and 5 capsules each - NDC 0178-0898-30

To report a serious adverse event or obtain product information, call (210) 690-8400.

800-361-0111
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CitraNatal.com



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Formulation of Mission Pharmacal Company
U.S. Patent, 6,551,247



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