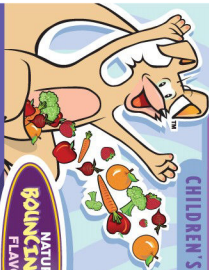




CAREFULLY MANUFACTURED BY:
SOLGAR VITAMIN AND HERB, 500 WILLOW TREE ROAD, LEONIA, N.J. 07605 U.S.A.



NATURAL
BOUNCIN' BERRY™
FLAVOR†

60 CHEWABLE TABLETS
DIETARY SUPPLEMENT

CHILDREN'S FORMULA

MULTIVITAMIN & MINERAL

COMPLETE

KANGAVITES®

Since
SOLGAR
1947

Only 1g of sugar per serving

Supplement Facts

Serving Size	1 Tablet	2 Tablets
Servings Per Container	60	30
Amount per serving	1 Tablet	2 Tablets
Calories.....	5	10
Total Carbohydrate	1 g.....<1%*	2 g.....<1%*
Sugars.....	<1 g.....**	1 g.....**
Sugar Alcohol	<1 g.....**	<1 g.....**
Vitamin A (as palmitate, 80% as natural beta-carotene)	2,500 IU.....100%	5,000 IU.....100%
Vitamin C (as sodium ascorbate).....	60 mg.....150%	120 mg.....200%
Vitamin D (as ergocalciferol).....	100 IU.....25%	200 IU.....50%
Vitamin E (as D-alpha-tocopheryl succinate)	15 IU.....150%	30 IU.....100%
Thiamin (as thiamin mononitrate)	0.75 mg.....107%	1.5 mg.....100%
Riboflavin	0.85 mg.....106%	1.7 mg.....100%
Niacin (as niacinamide)	10 mg.....111%	20 mg.....100%
Vitamin B6 (as pyridoxine HCl)	1 mg.....143%	2 mg.....100%
Folic Acid	100 mcg.....50%	200 mcg.....50%
Vitamin B12 (as cobalamin)	3 mcg.....100%	6 mcg.....100%
Biotin	50 mcg.....33%	100 mcg.....33%
Pantothenic Acid (as D-calcium pantothenate)	5 mg.....100%	10 mg.....100%
Calcium (as calcium carbonate).....	64 mg.....8%	128 mg.....13%
Iron (as ferrous fumarate)	2.5 mg.....25%	5 mg.....28%
Iodine (as potassium iodide)	22.5 mcg.....32%	45 mcg.....30%
Magnesium (as magnesium oxide)	32 mg.....16%	64 mg.....16%
Zinc (as zinc oxide)	1.5 mg.....19%	3 mg.....20%
Selenium (as L-selenomethionine)	2.5 mcg.....**	5 mcg.....7%
Copper (as copper gluconate)	0.025 mg.....3%	0.05 mg.....3%
Manganese (as manganese sulfate).....	0.25 mg.....**	0.5 mg.....25%
Chromium (as chromium chelate)	5 mcg.....**	10 mcg.....8%
Potassium (as potassium chloride)	5 mg.....**	10 mg.....<1%
Choline (as choline bitartrate)	0.5 mg.....**	1 mg.....**
Natural Blend	10 mg.....**	20 mg.....**

(Soy Lecithin, Carrot Powder, Red Beet Powder, Strawberry Fruit Powder, Apple Fruit Powder, Broccoli Powder, Apricot Fruit Powder, Citrus Bioflavonoids, Inositol, Rose Hips [fruit])

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Sucrose, Fructose, Mannitol, Microcrystalline Cellulose, Natural Flavors, Grape Skin Extract (color), Xylitol, Carrageenan, Citric Acid, Malic Acid, Vegetable Cellulose, Xanthan Gum, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid. **Contains soy.**

SUGGESTED USE: Children 2 and 3 Years: As a dietary supplement for children, take one (1) chewable tablet daily, or as directed by a healthcare practitioner. Adults and Children 4 Years and Older: As a dietary supplement for adults and children, take two (2) chewable tablets daily, or as directed by a healthcare practitioner.

If you are taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Not formulated for use in children under two years of age. **Keep out of reach of children.**

Solgar's Kangavites Complete Chewable Tablets are free of dairy products and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

† With other natural flavors.

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