

FAMILY
wellness™



FLAXSEED OIL 1000 mg

A NATURAL SOURCE OF OMEGA-3 TO HELP SUPPORT HEART HEALTH

50
SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Polyunsaturated Fat	0.5 g	***
Organic Flaxseed Oil	1,000 mg (1 g)	***
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	450 mg	***
Linoleic Acid (Omega-6)	110 mg	***
Oleic Acid (Omega-9)	110 mg	***
Other Fatty Acids	50 mg	***

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Caramel Color.

Directions: For adults take one (1) softgel three times daily with a full glass of water, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

DISTRIBUTED BY: FAMILY DOLLAR SERVICES, INC.
10421 MONROE ROAD, MATTHEWS, NC 28105 USA

Our Flaxseed Oil is an edible oil derived from the seeds of the Flax plant (*Linum usitatissimum*) and is one of the most concentrated plant sources of Omega-3 fatty acids found in nature. Omega-3 fatty acids help support heart health.*

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor, salt.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

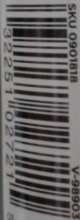


NOT 100% SATISFIED? Return package and unused product within 30 days to any Family Dollar store for a refund (with receipt) or exchange.

ACTUAL SIZE

B1452 OOA

Prod. No. 29357



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