

Please read entire label before use.

SUGGESTED USE:

Take one (1) serving (1 scoop) approximately 15-30 minutes prior to training, blended into 6-8 ounces of cold water or beverage, or as suggested by a qualified healthcare practitioner.

WARNINGS:

Not intended for use by persons under age 18. Do not exceed recommended dose. Get the consent of a licensed physician before using this product, especially if you are taking medication, have a medical condition, you are pregnant, nursing or thinking about becoming pregnant. KEEP THIS PRODUCT AND ALL SUPPLEMENTS OUT OF THE REACH OF CHILDREN.

CAFFEINE WARNING:

The recommended serving of this product contains approximately as much caffeine as two cups of coffee. Do not consume caffeine, or combine with synephrine, including but not limited to coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid heartbeat. Discontinue use if you experience dizziness, severe headache, rapid heartbeat or shortness of breath.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

* When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party in-vitro and / or in-vivo model scientific research data findings for individual ingredients.



LEGEND™

PRE-WORKOUT ENERGY™

USE IN CONJUNCTION WITH:
ENERGY / POWER / ENDURANCE PROGRAMS†**
STRENGTH / MUSCLE BUILDING PROGRAMS†**

DIETARY SUPPLEMENT

NET WT. 4.93 OZ. (140 GRAMS)



28
SERVINGS

Supplement Facts

Serving Size 1 scoop (5 grams)
Servings Per Bottle 28

Amount Per Serving	% Daily Value	
Niacin (as nicotinic acid)	30 mg	150%
CUTLER PRE-TRAINING MATRIX™ (Proprietary Blend)	3,750 mg	**
Creatine (as creatine monohydrate and creatine HCl)		**
TMG (trimethylglycine)		**
Taurine		**
Caffeine (as caffeine anhydrous)		**
Beta-alanine (as CarnoSyn®)		**
Plumbago zeylanica (root)		**
Cullen corylifolium (seed)		**
Pausinystalia yohimbe (bark)		**
Glutamine (as trans-alanyl-glutamine)		**
Rhizomatous iris (whole)		**

**Daily Value not established.

Other Ingredients: Natural and artificial flavors, citric acid, maltodextrin, sucralose, silica, acesulfame-K, and FD&C Red No. 40.



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