

**SUGGESTED USAGE:** Take 3 capsules daily with food, or as directed by your healthcare practitioner.

**HOW IT WORKS:** Liver Detox™ is a blend of herbs and nutrients designed to support healthy liver function.\* Liver Detox™ has Milk Thistle Extract, which has been shown to favor healthy liver function.\* In addition, Liver Detox™ has N-Acetyl Cysteine and Methionine, two amino acids known to enhance the production of glutathione by the liver.\* Glutathione plays an essential role in liver detoxification mechanisms.\* Also included in Liver Detox™ are other herbs (i.e. Schisandra, Scute) that have been shown in non-clinical studies to support healthy liver function.\*

**CAUTIONS/INTERACTIONS:** Milk Thistle may affect the metabolism of alcohol and some drugs, including acetaminophen. Consult your healthcare practitioner if you are pregnant/nursing or if you suffer from obstruction of the bile ducts, gallstones or other serious diseases of the gallbladder. Do not take this product if you have an allergy to plants of the Asteraceae family. [www.protocolforlife.com/P2448](http://www.protocolforlife.com/P2448)

This bottle contains an AGELESS® Oxygen Absorber to ensure freshness.

Do not eat freshness packets.

**PROTOCOL**  
FOR LIFE BALANCE®

# Liver Detox™

- Comprehensive Formula
- Liver Support\*

**90 Capsules**

A Dietary Supplement



## Supplement Facts

Serving Size 3 Capsules    Servings Per Container 30

|                                                                                                                                                                                                                       | Amount<br>Per Serving | % Daily<br>Value |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------------|
| Calories                                                                                                                                                                                                              | 10                    |                  |
| Total Carbohydrate                                                                                                                                                                                                    | 1 g                   | < 1%*            |
| Dietary Fiber                                                                                                                                                                                                         | < 1 g                 | 3%*              |
| Vitamin C (from Ascorbyl Palmitate)                                                                                                                                                                                   | 12 mg                 | 20%              |
| Milk Thistle (Standardized Extract)<br>(Fruit/Seeds) ( <i>Silybum marianum</i> ) (min. 80% Silymarin)                                                                                                                 | 300 mg                | †                |
| Herbal-Enzyme Blend:                                                                                                                                                                                                  | 170 mg                | †                |
| Artichoke ( <i>Cynara scolymus</i> ) (Leaf), Beet ( <i>Beta vulgaris</i> ) (Root), Bladderwrack ( <i>Fucus vesiculosus</i> ) (Whole Plant), Raspberry ( <i>Rubus idaeus</i> ) (Leaf), Pancreatin (Pancreatic Enzymes) |                       |                  |
| L-Glutathione (Free-Form) (Reduced)                                                                                                                                                                                   | 100 mg                | †                |
| N-Acetyl Cysteine (NAC)                                                                                                                                                                                               | 100 mg                | †                |
| Grape Seed (Standardized Extract)<br>( <i>Vitis vinifera</i> ) (Standardized for Polyphenols)                                                                                                                         | 100 mg                | †                |
| Dandelion (Root)<br>( <i>Taraxacum officinale</i> )                                                                                                                                                                   | 100 mg                | †                |
| L-Carnitine (from L-Carnitine Tartrate)                                                                                                                                                                               | 50 mg                 | †                |
| Scute (Root)<br>( <i>Scutellaria baicalensis</i> )                                                                                                                                                                    | 50 mg                 | †                |

|                                                       | Amount<br>Per Serving | % Daily<br>Value |
|-------------------------------------------------------|-----------------------|------------------|
| Schisandra (Fruit)<br>( <i>Schisandra chinensis</i> ) | 100 mg                | †                |
| Barberry (Root Bark)<br>( <i>Berberis vulgaris</i> )  | 30 mg                 | †                |
| Turmeric (Root) ( <i>Curcuma longa</i> )              | 30 mg                 | †                |
| L-Methionine                                          | 20 mg                 | †                |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: Cellulose, Gelatin (capsule), Silica, Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

Protocol For Life Balance®

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE P2448E V12

