

SUGGESTED USAGE: Take 1 tablespoon 1 to 2 times daily, or as directed by your healthcare practitioner. Can be taken undiluted, or mixed with water or juice.

SHAKE VIGOROUSLY BEFORE USE.

REFRIGERATE AFTER OPENING TO PRESERVE FLAVOR.

HOW IT WORKS: Our Liquid Cal-Mag is a pleasant-tasting, easily absorbed Calcium and Magnesium formula for the support of healthy bones and teeth.* Although Calcium and Magnesium are best known for their roles in bone health, both of these minerals are also integral cofactors in hundreds of biochemical reactions, playing important roles in the body's maintenance of proper muscular contraction, nerve transmission, acid/base balance, and fluid regulation.* Vitamin D, an essential nutrient for skeletal health due to its critical role in bone mineralization, also facilitates the absorption and utilization of Calcium and plays a vital role in healthy immune system function.* This liquid formula offers a delicious tasting dairy-free and vegetarian alternative to large tablets and capsules.

CAUTIONS/INTERACTIONS: Calcium and Magnesium supplements may affect the absorption of a number of medications, including bisphosphonates, thyroid medications, sotalol, and antibiotics. These medications should be taken at least 1-2 hours apart from calcium and magnesium supplements. Calcium may interact with verapamil and topical calcipotriene. Magnesium may interact with certain antibiotics, potassium-sparing diuretics, and muscle relaxants. Numerous medications can affect the absorption and retention of calcium and magnesium in the body. Individuals with hyperparathyroidism, hyperphosphatemia, sarcoidosis, and renal insufficiency should take calcium only under the supervision of a healthcare practitioner. If you are taking any medications or have any medical conditions consult your healthcare practitioner before using this product. Contains Xylitol, do not feed to pets.

CODE
P1269B
V2



PROTOCOL
FOR LIFE BALANCE®

Blueberry Flavor

Liquid Cal-Mag

- Supports Bone Health*
- Superior Citrate Forms
- With Vitamin D

Xylitol Sweetened

Net 16 fl. oz. (473 mL)

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tablespoon (15 mL)

Servings Per Container about 32

	Amount Per Serving	% Daily Value
Calories	40	
Total Carbohydrate	9 g	3%*
Xylitol	2 g	†
Vitamin D (as Ergocalciferol)	400 IU	100%
Calcium (from Calcium Citrate)	500 mg	50%
Magnesium (from Magnesium Citrate)	250 mg	63%

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: De-ionized Water, Vegetable Glycerin, Malic Acid, Xanthan Gum, Potassium Sorbate (as preservative), Natural Blueberry Flavor and Grape Skin Extract.

Contains soy.

Protocol For Life Balance®

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

www.protocolforlife.com/P1269

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

