



Why Six Star® Whey Protein Plus is the Smarter Choice – 70% Better Than Regular Whey

Six Star® Whey Protein Plus is from the makers of MuscleTech®, America's #1 Selling Body Building Supplement Brand, so you know it's a powerful formula you can trust. Not all protein supplements are created equally. Six Star® Whey Protein Plus is enhanced with core ingredients clinically shown to build 70% more muscle and strength than whey protein alone.▲ And unlike cheaper formulas, Six Star® Whey Protein Plus is powered primarily by ultra-filtered, and instantized protein for fast absorption and easy mixing. Trust Six Star® Whey Protein Plus for the best formula, best taste and best results!

What Are the Benefits of Six Star® Whey Protein Plus?

- ★ Award-winning flavor you'll love – beats all other value brands
- ★ Mixes easily for your convenience
- ★ Features ultra-pure and instantized protein
- ★ Enhanced with a clinically proven muscle builder for better results▲
- ★ Boosts strength for better workouts▲
- ★ Provides fast-absorbing BCAAs (leucine, isoleucine, and valine)
- ★ Helps you recover after workouts▲
- ★ Improves muscle performance in athletes▲
- ★ Ultra-filtered whey to reduce fat, lactose, and impurities

70% Better Than Regular Whey Protein for Gains in Lean Muscle

In a six-week, double-blind study involving 36 test subjects divided into three groups with at least three years of weight-training experience, subjects combining the core ingredients in Six Star® Whey Protein Plus with a weight-training program gained 70% more lean muscle than subjects using regular whey protein (8.8 vs. 5.1 lbs.) and increased their bench press more than subjects using regular whey protein (34 vs. 14 lbs.). These same subjects even gained 4 times the lean muscle as subjects using a placebo (8.8 vs. 2.0 lbs.). This formula provides 30g of protein from ultra-pure protein. Plus it delivers creatine, leucine, isoleucine, valine and glutamine.▲



For Best Results, Stack With:

PRE

USE 30 TO 45 MINUTES BEFORE WORKOUT

Pre-workout powder engineered to enhance muscle performance, increase energy, and get you pumped while you train.▲

POST

USE IMMEDIATELY AFTER WORKOUT

Post-workout creatine supplement designed to enhance muscle size, strength and performance.▲

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SIX STAR
PRO NUTRITION®



RUSSELL WESTBROOK
ALL-STAR PRO POINT GUARD

ROB GRONKOWSKI
ALL-PRO TIGHT END

GIANCARLO STANTON
POWER-HITTING PRO OUTFIELDER

WHEY PROTEIN+ ELITE SERIES

From the Makers of



60g
ULTRA-PURE
PROTEIN
PER 2 SCOOPS



Scientifically Shown to Be 70% Better Than Regular Whey

- ★ Enhanced with a Proven Muscle & Strength Builder▲
- ★ Delivers 24g of BCAAs, Leucine, Glutamine & Precursor†
- ★ Low in Fat

Results based on core ingredient testing. See back for study and formulation details.



VANILLA CREAM
NATURAL AND ARTIFICIAL FLAVORS

Supplement Facts

Serving Size: 1 Scoop (51g)
Servings Per Container: Approx. 18

Amount Per Serving	% Daily Value
Calories	170
Calories from Fat	20
Total Fat	2g 3%*
Saturated Fat	2g 10%*
Trans Fat	0g †
Cholesterol	55mg 18%*
Total Carbohydrate	9g 3%*
Sugars	2g †
Protein	30g 60%*
Calcium	550mg 55%*
Iron	2.1mg 12%*
Sodium	160mg 7%*
Creatine monohydrate	2.5g †

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Whey Protein Plus Blend (Whey Protein Concentrate, 97% Whey Protein Isolate, Whey Protein Isolate, Hydrolyzed Whey Protein Isolate, L-leucine, L-isoleucine, L-valine, L-glutamine), Premium Taste Blend (Maltodextrin, Natural and Artificial Flavors, Calcium Carbonate, Soy Lecithin, Sunflower Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Gum Blend (Cellulose Gum, Carrageenan, Xanthan Gum), Sucralose, Acesulfame-Potassium, Papain, Amylase), Isolated Soy Protein. Contains Milk and Soy Ingredients. Processed in a Facility That Also Processes Egg, Wheat, and Peanut Ingredients.

This product contains 2.5g of creatine per serving which is in addition to the 30g of protein per serving shown in the Supplement Facts. Creatine in combination with whey protein has been clinically shown in a published study in the *International Journal of Sport Nutrition and Exercise Metabolism* to be more effective for building muscle than just whey protein alone.

How to Make the Perfect Whey Protein Shake:

STIR	SHAKE	BLEND

Tip: Try blending with ice, your favorite fruit, juice, peanut butter, or anything else you enjoy for a delicious smoothie.

Directions: Mix 1 to 2 servings (1 to 2 scoops) in 6 to 12 oz. of cold water or skim milk according to taste in a glass or shaker cup. Use between major meals and before and after exercise. For maximum results take 5 servings (5 scoops) per day. Drink 8 glasses of water daily for general good health. Read the entire label before use and follow directions provided.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Consult a medical doctor before starting any diet or exercise program.

Do not use if packaging has been tampered with. Store in a cool, dry place (50°F to 80°F).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Six Star® Whey Protein Plus is manufactured according to cGMP standards, as is required for all dietary supplements.

Note: This product is sold by weight, so some settling may occur. Shake container before use.

SixStarPro.com

MuscleTech® is America's #1 Selling Body Building Supplement Brand based on cumulative wholesale dollar sales 2001 to present.

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656-70187
ink Free

†Per 2 Scoops

Net Wt. 2.00 lbs. (907g) DIETARY SUPPLEMENT

Mixes Instantly • Zero Aspartame