



MULTI-VITAMIN SUPPLEMENT

One Daily Energy

A complete multi-vitamin energy formula*

50
tablets

This product is for use
only in the United States
and is not to be used
in any other country.

Conforms to USP <2091> for weight.

Supplement Facts

Serving Size: One (1) Tablet

Each Tablet Contains	% Daily Value
Vitamin A	2500 IU... 70%
80% as beta-Carotene & 20% as Retinyl Acetate	
Vitamin C (as Ascorbic Acid)	60 mg... 100%
Vitamin D-3 (as Cholecalciferol)	400 IU... 100%
Vitamin E	30 IU... 100%
(as d-alpha-Tocopheryl Acetate)	
Vitamin K (as Phylloquinone)	25 mcg... 31%
Vitamin B-1 (as Thiamine Hydrochloride)	3 mg... 200%
Vitamin B-2 (as Riboflavin)	3.4 mg... 200%
Vitamin B-6	4 mg... 200%
(as Pyridoxine Hydrochloride)	
Folic Acid	400 mcg... 100%
Vitamin B-12 (as Cyanocobalamin)	12 mcg... 200%
Niacin	300 mcg... 100%
(as Nicotinic Acid)	
Pantothenic Acid	10 mg... 100%
(as Calcium D-Pantothenate)	
Calcium (as Calcium Carbonate)	250 mg... 25%

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Ethylcellulose, Tricalcium Phosphate, Stearic Acid, Magnesium Stearate, Titanium Dioxide, Riboflavin, Polyethylene Glycol, Polyisobutylate 80, Vegetable Acetoglycerides, FD&C Blue #1 Lake.

CONTAINS: Fish and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition.

SUGGESTED USE: As a dietary supplement, take one (1) tablet daily.

IMPORTANT: Tamper evident seal under cap. Do not use if printed seal is broken or missing.

Each Tablet Contains	% Daily Value
Iron (as Ferrous Fumarate)	9 mg... 50%
Iodine (as Potassium Iodide)	150 mcg... 100%
Magnesium (as Magnesium Oxide)	40 mg... 10%
Zinc (as Zinc Oxide)	15 mg... 100%
Selenium (as Sodium Selenate)	45 mcg... 60%
Copper (as Copper Sulfate)	2 mg... 100%
Manganese (as Manganese Sulfate)	2 mg... 100%
Chromium (as Chromium Chloride)	100 mcg... 25%
Molybdenum (as Sodium Molybdate)	25 mcg... 25%
Chloride (as Potassium Chloride)	90 mg... 3%
Potassium (as Potassium Chloride)	90 mg... 3%
Guarana Blend 200 mg	
Guarana Seed Extract, Caffeine Anhydrous	
Silicon (as Silicon Dioxide)	5 mg...
Boron (as Sodium Borate)	150 mcg...
Tin (as Stannous Chloride)	10 mcg...
Vanadium (as Sodium Metavanadate)	10 mcg...
Nickel (as Nickel Sulfate)	5 mcg...

* Daily Value not established.

FRESHNESS AND POTENCY GUARANTEED THROUGH 1/5

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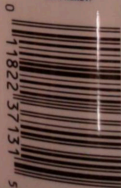
WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN.
Keep in a cool, dry place.

DISTRIBUTED BY:
RITE AID
30 HUNTER LANE
CAMP HILL, PA 17011



IF YOU'RE NOT
SATISFIED, WE'LL
HAPPILY REFUND
YOUR MONEY.



MULTI-VITAMIN

a complete