

Herb Specialists Since 1972

Digestive System Support

GUARANTEED PURE

RECOMMENDATION

Maintenance: Take two capsules at nighttime or before bedtime. Under times of irregularities and bowel distress: Take up to six capsules for up to 7-10 days.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.

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GENTLE MOVE[®]

- Designed to Hydrate Intestinal Lumen and Soften Stool
- Natural Gentle Herbal Laxative
- For Individuals Sensitive to Stimulant Laxatives*

Herbal Dietary Supplement

90 CAPSULES

Stock No. 952-9

NATURE'S SUNSHINE PRODUCTS, INC.

Spanish Fork, Utah 84660 1-800-223-8225

www.naturessunshine.com

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 45

Amount Per 2 Capsules	% Daily Value	
Magnesium (hydroxide)	400 mg	100%
Proprietary Blend	370 mg	**
Triphala Fruit Extract (Ayurvedic fruit blend: <i>Chebula</i> , <i>Terminalia bellerica</i> , <i>Embolica officinalis</i>)		
Yellow Dock Root (<i>Rumex crispus</i>)		
Ginger Rhizome (<i>Zingiber officinale</i>)		
Marshmallow Root Extract (<i>Althaea officinalis</i>)		
Slippery Elm Bark (<i>Ulmus rubra</i>)		

**Daily Value not established

Other Ingredients: Capsule (gelatin, water), magnesium stearate (vegetable).

LOT:
Full Potency Through: