

A Unique Blend of Organic Fiber and Plant-Based Protein for Enhanced Digestion and Healthy Weight Management*

Ultimate Organic Protein & Fiber™ is much more than just a simple protein powder, it is also packed with over 6 grams of daily fiber to help promote regularity and overall wellness.*

This product is a nutrient dense combination of power-foods: high in protein and packed with phyto-nutrition.* It is organic, non-GMO, vegan and clean sourced (formulated without artificial flavorings, fillers, added sugars, and common allergens such as soy and dairy). This product is uniquely-designed for enhanced digestion and elimination, plus healthy weight management.

‡ It is rich in functional fibers and protein that help maximize satiety ("fullness") throughout the day.* When used in conjunction with a reduced calorie diet and exercise*, this product can help you achieve and maintain a healthy body weight.* Ultimate Organic Protein & Fiber™ should be used as part of a nutritionally balanced diet plan providing 400 or more calories per day, such as the diet and exercise plan found at www.NaturesSecret.com/deplan

Try our diet shake recipe below for a delicious, nutritious and super-easy way to add Ultimate Organic Protein & Fiber™ to your daily diet.*

* Diet & Exercise Program available online at: www.NaturesSecret.com/deplan

Delicious Shake Recipe:

- 1 banana
- 1 cup frozen berries (blueberries, raspberries or strawberries)
- 1 cup liquid (juice, milk, yogurt, coconut water or brewed green tea)
- 1/2 cup ice
- 1 scoop of Ultimate Organic Protein & Fiber™

Directions

Mix in blender until smooth and enjoy!

Optional enhancers to supercharge your smoothie:

- Handful of spinach or kale
- 1/2 tsp flaxseed oil or coconut oil
- 1/2 tsp vanilla, ginger or cinnamon
- Stevia, maple syrup, honey or dates
- Scoop of peanut butter

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nature's Secret

USDA
ORGANIC

Ultimate Organic Protein & Fiber™

Full Spectrum
Non-GMO Vegan Proteins:
Pumpkin • Sprouted Brown Rice
Flaxseed • Pea • Quinoa

Healthy Weight Management*

Wheat-Free, Soy-Free & Whey-Free

UNFLAVORED NET WT. 11.7 oz (332.2g) DIETARY SUPPLEMENT

Suggested Use: 1 Serving per day

(Adult) Mix thoroughly, one (1) scoop (22.15 grams) with 10 or more oz. (full glass) of your favorite juice, milk product, water or try our delicious shake recipe on the side of this product. See usage warning below.

Supplement Facts

Serving Size - 1 scoop (22.15 grams)
Servings per container - 15

	Amount per Serving	% Daily Value
Calories	90	
Calories from Fat	10	
Total Fat	1g	2%*
Sodium	35 mg	1%*
Total Carbohydrates	7 g	2%*
Dietary Fiber	6 g	24%*
Protein	12 g	24%*

Non-GMO Vegan Protein Blend	15.55 g	
Organic Sprouted Brown Rice Protein powder (seed)		†
Organic Pea Protein powder isolate (seed)		†
Organic Flaxseed Protein powder (seed)		†
Organic Quinoa Protein powder (seed)		†
Organic Pumpkin Seed Protein powder (seed)		†
Pure Source Fiber Blend	6.6 g	
Organic Inulin (Jerusalem Artichoke) powder (root)		†
Organic Acacia Gum powder		†
Organic Apple Fiber (Pyrus malus) powder (fruit)		†
Organic Matcha Green Tea powder (leaf)		†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established

Usage Warning: Do not use if safety seal is broken. This product contains a small amount of natural Caffeine. Check with your doctor before using this product if you are using medication or have any medical conditions, including heart disease and/or high blood pressure. Do not use if you may become pregnant, are pregnant or nursing. Taking this product without adequate fluid may cause choking. Do not exceed recommended daily intake. Not for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place. Refrigerate after opening.

Notice: For weight reduction, use only as directed in the diet & exercise plan located online at: www.NaturesSecret.com/deplan. Do not use in diets supplying less than 400 Calories per day without medical supervision.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

To join our Wellness Club and receive tips on how to improve your health, please visit us at www.NaturesSecret.com/wellness1

Questions: Call Consumer Affairs 1-800-297-3273
Weekdays 8:00 AM TO 5:00 PM (PST)
Questions@NaturesSecret.com

DISTRIBUTED, FORMULATED AND QUALITY TESTED by:
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www.NaturesSecret.com



Certified Organic by QAI

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