

The Tasty and Convenient Source of Fiber!*

It is well documented that the majority of Americans are not getting enough fiber in their daily diet. It is recommended you get between 20-30 grams of fiber daily but most Americans are only getting 14 grams. That is why we created **Ultimate Fiber Gummies™**, a convenient and tasty way for people to get a full 6 grams of fiber per serving into their daily routine. This product is an excellent source of functional fiber that supports colon health and digestion.* Increasing your intake of fiber promotes regularity and overall wellness.*

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Taking this product without adequate water may cause choking. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

To join our Wellness Club and receive tips on how to improve your health, please visit us at www.NaturesSecret.com/wellness1

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Available Exclusively in Fine Health Food Stores Everywhere

Questions: Call Consumer Affairs 1-800-297-3273

Weekdays 8:00 AM TO 5:00 PM (PST)

Questions@NaturesSecret.com

Nature's Secret

Ultimate Fiber Gummies

6 grams of Inulin Fiber
Per Serving

Supports Colon Health & Digestion*

Promotes Regularity and Wellness*

48 ORANGE & MIXED-BERRY FLAVORED GUMMIES

DIETARY SUPPLEMENT

DIRECTIONS: (Adult) Take four (4) gummies per day, 30 minutes before a meal, with a full glass of water.

Supplement Facts

Serving Size: 4 Gummies
Servings per Container: 12

	Amount per Serving	% Daily Value
Calories	60	
Sodium	10 mg	0% **
Total Carbohydrates	17 g	6% **
Dietary Fiber	6 g	24% **
Sugars	9 g	†
Proprietary Blend	8.02 g	†
Chicory Inulin (Fructooligosaccharides) (root), Green Tea powder (leaf)		

** Percent Daily Value based on a 2,000 calorie diet

† Daily Value not established

Other Ingredients: Sugar, pectin, flavors, citric acid, annatto, elderberry juice powder, sodium citrate and water.

DISTRIBUTED, FORMULATED and QUALITY TESTED by:
Nature's Secret®, P.O. Box 66457, Los Angeles, CA 90066 • www.NaturesSecret.com



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