INTRA/POST RECOVERY STACK NEW



12:1:1

The Most Powerful Muscle Building BCAA

6.2g of Leucine: The clinically studied d in every scoop!

Isoleucine

Valine

The 3 BCAAs

(Branched-Chain Amino Acids)

convert to energy. This muscle building superstar is strictly ketogenic, so it is used to trigger muscle protein synthesis (growth).*

ISOLEUCINE

Essential Amino Acid

Isoleucine while essential, is both glucogenic and ketogenic, and can be converted to glucose for energy during your workout.*



Essential Amino Acid Valine while essential, is strictly glucogenic and can also be converted to glucose for energy during your workout.*



GLUTAMINE

Clinical Dose 2.5g to 5g

Glutamine makes up approximately 60% of muscle tissue. It has been shown to act as a powerful muscle cell volumizer, stimulate protein synthesis and decrease muscle protein loss.3

IA BLK BCAA CL 30 3/15 MJ V3.1

Leucine

***Informed-Choice is a quality assurance program for sports nutrition products. The program certifies that all nutritional supplements that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.

www.innerarmour.com



SERVINGS

NO FILLERS

NO DYES

GLUTEN FREE







CHERRY LIMEADE

Naturally & Artificially Flavored

LEUCINE LOADED

12:1:1

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Supplement Facts

†Daily Value not established.

Serving Size: 1 scoop (11.7g) 2 scoops (23.4g) Servings Per Container: 30 Servings 15 Servings Amount Per Serving %DV Amount Per Serving % Calcium (as Calcium Silicate) 27mg 3% 54mq 6% BCAA Peak 12:1:1

L-Leucine 12.4a -6.2q †

L-Isoleucine 500mg 1000ma I -Valine 500ma 1000mg

L-Glutamine 2.5q *Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Citric Acid, Natural & Artificial Flavors, Sucralose, Acesulfame

ALLERGEN INFORMATION: Produced in a facility that also processes milk, tree nuts, peanuts, eggs, soy, shellfish, fish, and wheat.

Suggested Use: As a dietary supplement, mix 1 scoop with 16 oz of water and consume before. during and/or after training. BCAA Peak™ is best taken in one of two ways: 1. As a pre/intra workout drink mix. 2. Immediately after exercise and before your post workout shake (Nitro-Peak™ or Mass-Peak™). Additional servings may be used to meet your daily amino acid requirements.

Manufactured for Manufactured in a and Distributed by Inner Armour® Sports Nutrition 83 White Oak Dr Berlin, CT 06037 860-656-7720

Protect from heat, light and moisture.

Do not purchase if seal is broken.

Keep out of reach of children.

Store at 15-30°C (59-86°F).

CONSULT YOUR HEALTHCARE PROFESSIONAL PRIOR TO USE IF YOU HAVE OR SUSPECT A MEDICAL CONDITION, ARE TAKING PRESCRIPTION DRUGS. OR ARE PREGNANT OR LACTATING

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

