

Suggested Use

Adults take 2 capsules 2 times daily after meals. For additional support take with **Turmeric Supreme Pain**.

*Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

100% vegetarian, dairy free,
no gluten-containing ingredients

meet your herbs®

Meet Your Herbs® is the world's only traceability program for therapeutic herbal supplements. Ensure the safety & efficacy of this product while tracking the Seed-to-Shelf story of each herb in your bottle by entering its ID# at GaiaHerbs.com

Turmeric & Boswellia

gaia
HERBS

Curcumin Synergy™

**Turmeric
Supreme**

JOINT

meet your herbs®

Enter ID # at GaiaHerbs.com

60 VEGETARIAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

Enter ID# at GaiaHerbs.com

BEST BY

Turmeric Supreme Joint

For thousands of years Turmeric has been valued in Ayurveda, the traditional medicine system of India. Today, science has identified compounds in Turmeric, Curcumins in particular, which support healthy inflammatory function—maintaining overall health and vitality.*

Turmeric Supreme Joint combines Turmeric with other herbal extracts to promote healthy joint function.* Quercetin supports a healthy inflammatory response in the joints, while Devil's Claw promotes joint comfort.* Black Pepper extract is included for increased absorption and bioavailability of Curcumins.*

The Gaia Difference



Liquid potency, easy absorption
Alcohol-free Liquid Phyto-Caps®
U.S. Patent No. 6,238,696 B1



**100% vegetarian, dairy free,
no gluten-containing ingredients**
Easily digestible plant-derived capsules



Laboratory tested for purity
Free of heavy-metal toxicity

gaia
HERBS

Curcumin Synergy™

**Turmeric
Supreme**

JOINT

**Supports a healthy
inflammatory response***

**With herbs to promote
joint mobility***

60 VEGETARIAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	
Calories	10
Turmeric root extract † (Curcuma longa) 32 mg† (Curcumins from total Turmeric root extracts 30 mg†)	
Quercetin	60 mg†
Proprietary Extract Blend 894 mg†	
Turmeric root † (Curcuma longa), Devil's Claw root † (Harpagophytum procumbens), Boswellia gum resin extract †	
Black Pepper fruit supercritical extract † (Piper nigrum)	10 mg†
Ginger root supercritical extract † (Zingiber officinale)	10 mg†
† Daily Value not established	

Other ingredients: Vegetable glycerin, water, lecithin (non-GMO), and capsule (chlorophyll vegetable capsule)

▲ = Organic Ingredient ◆ = Ecologically Harvested

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Each 2 capsules contain
4,990 mg dry herb equivalent.



(002) 828-1114



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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PURITY: Trace the origin of each herbal ingredient—where and how it was grown.

INTEGRITY: View the Certificate of Compliance and test results for this product.

POTENCY: See validation of each herb's full phytochemical complex.

Obtain the proof of the safety and efficacy of your product now!

View our *Mission. Vision. Values.* video and photos from our certified organic farm at GaiaHerbs.com/Mission

Turmeric Field, Costa Rica

Turmeric & Boswellia