



COMPLETE CONCENTRATED PRE-WORKOUT

SHOCK'D

Energy* | Strength* | Pump* | Endurance*

Lemon Ice

Natural and Artificial Flavor

2.1g

Pump Complex

3.5g

Creatine

2g

Beta-Alanine

SUGGESTED USE: As a dietary supplement, mix 1 scoop of SHOCK'D® with 120–175 ml. of cold water 30 minutes before workout. Do not exceed recommended serving size. Exceeding the recommended serving size or not following directions may lead to unwanted effects. Consume a minimum 15–16 glasses of water per day while taking this product. *To be used as part of a physical conditioning program.* Contents may settle after shipping. Moisture and humidity can cause clumping and discoloration. Discard after expiration date. **STORE IN A COOL, DRY PLACE AND AVOID EXCESSIVE HEAT.**

WARNING: KEEP OUT OF REACH OF CHILDREN. For use by Healthy Individuals only. Not for use by those under the age of 18. Do not exceed recommended serving size. Do not use if you are pregnant or nursing. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Do not consume synephrine or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are taking medication, including but not limited to MAOI inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. Do not use if tamper resistant seal is broken.

FITLIFE BRANDS

FitLife Brands, Inc.

4509 S. 143rd St., Ste. 1 | Omaha, NE 68137

For Product Questions: SirenLabs.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts

Serving Size 1 – 2 Scoops (6.25 g – 12.5 g)

Servings Per Container 15 – 30 Servings

Amount Per 2 Scoops	%DV
Calories	5
Total Carbohydrates	1 g <1%
Vitamin C (as Ascorbic Acid)	60 mg 100%
Vitamin D (as Cholecalciferol)	2,000 IU 500%
Vitamin B6 (as Pyridoxine HCl)	2.4 mg 120%
Vitamin B12 (as Methylcobalamin)	2 mg 33,333%
Calcium	36 mg 4%
Sodium	5 mg <1%

Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Other Ingredients: Natural and Artificial Flavors, Sucralose, Citric Acid, Calcium Silicate, Acesulfame Potassium, FD&C Yellow 5 | **GLUTEN FREE** | **CONTAINS SOY** | **Powered By:**

SHOCK'D® Blend: (Per 2 Scoops) 10,965 mg (10.9 g) †

ATP | SURGE Blend: 3,500 mg (3.5 g) †

Creatine Citrate, DiCreatine Malate, Creatine Magnesium Chelate (Creatine MagnaPower®), Creatine Ethyl Ester, Creatine Pyruvate

BETA | SHOCK Blend: 4,000 mg (4.0 g) †

Beta-Alanine (CarnoSyn®) (2,000 mg), Taurine, L-Histidine, Norvaline, Bis Picolinate Vanadium, Creatinol O Phosphate, Ribose®

HEMO | PUMP Blend: 2,100 mg (2.1 g) †

Pump Initiating Complex: (L-Arginine, Arginine Ethyl Ester, Arginine AKG 2:1, Agmatine), Glycine, Glycine Propionyl L-Carnitine HCl (Glyco-Carn®), Acetyl L-Carnitine Arginate DihCl (ArginoCarn®), Glycerol

NEURO | NOOTROPIC Blend: 1,010 mg (1.0 g) †

Choline Bitartrate, Tyrosine, Picamilon, Phosphatidyl Serine, Alpha Glycerophosphocholine, L-Tyrosine L-Tartrate

SHOCK ENERGY Blend: 355 mg †

Caffeine Anhydrous, Phyllanthus emblica (Fruit) Extract, Citrus aurantium (Fruit) Extract 30% Synephrine Alkaloids (Advantra Z®), Nelulean™ (Nelumbo Nucifera), Evodia rutaecarpa Extract 10% Evodiamines



Dietary Supplement
Net Wt. 188 g