Other Ingredients

No nutritional claims made for these ingredients.

AMOUNT PER SERVING		2 Tab	6 Tabs	
BETAINE (HCI)	MG	33	100	Ī
BIOFLAVONOIDS (From Citrus)	MG	17	50	
BORON (From Krebs Cycle Boron)	MG	1	3	
GLUTAMIC ACID (HCI)	MG	33	100	
VANADIUM (From Kelp)	MCG	.33	1	
ODCANIC HERR & WHOLE FOOD BLEND-	MC	100	200	

Rose Hins Kale If Alfalfa If Spirulina h Blackberry ft Blueberry ft., Cherry ft., Pomeoranate Seed, Raspberry ft., Strawberry ft. OTHER INGREDIENTS: Calcium Silicate, Magnesium Stearate

*Daily Value Not Established Note: Plant cellulose tablet coating contains citrus & vanilla flavoring.

A DIETARY SUPPLEMENT FOR WOMEN AND MEN OF ALL AGES



*These statements have not been evaluated by the U.S. FDA. This product is not intended to diagnose, treat, cure or prevent any disease

DIRECTIONS: TAKE 2-6 TABLETS DAILY PREFERABLY SPREAD THROUGHOUT THE DAY AFTER MEALS. Tablets are food-based for fast, easy disintegration.

VEGETARIAN I HYPOALLERGENIC GLUTEN FREE Contains no: gluten gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn or soy residues, hidden additives, sodium aluminosilicate.

dves or artificial colorings. GREEN FOODS Certified organic herbs and green foods are organically grown

and processed in accordance with the California Organic Foods Act of 1990. FROST-FREE REFRIGERATOR Product color and aroma may vary or change over time due to natural ingredients.

*Improved Formula. More of the nutrients you want.

See our website.



NEW! LOOK

Super NutritioN SINCE 1977

Easy Swallow

l Calcium Blend

THE WORLD'S BEST BONE BUILDER The most comprehensive bone-building



MULTIVITAMIN SUPPLEMENT

Easy Swallow **IRON-FREE** **Supplement Facts** Serving Size 2-6 Tablets

Servings Per Container 30-90 AMOUNT PER SERVING 2 Tab | % DV | 6 Tabs | % DV VITAMIN C (Ascorbic Acid) VITAMIN D (Vitamin D3) 667 167% 2000 500% MCG 27 33% 80 100% VITAMIN K1 (Phytonadione) VITAMIN K2 (MK7) MCG 33 42% 100 125% formula on the market. Optimal support FOLIC ACID MCG 133 33% 400 100% for bone strength and flexibility.* CALCIUM (Carbonate & Citrate) MG 417 42% 1250 125% MCG 75 50% 225 150% IODINE (From Kelp) MAGNESIUM (Oxide & Glycinate) MG ZINC (Oxide & Citrate) 10 67% 30 200% SELENIUM (Sodium Selenite) MCG 33 48% 100 143% COPPER (Glycinate) 42% 2.5 125%

CHROMIUM /Polynicotinate & Picolinate) MCG 67 56 % 200 167 %

MOLYBDENUM (Trioxide)

POTASSIUM (Chloride & Succinate) MG 33