

Suggested Use

Adults take 1 capsule 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

- High potency, easy absorption**
Alcohol-free Liquid Phyto-Caps®
U.S. Patent No. 6,238,676 B1
- 100% vegetarian, dairy free, no gluten-containing ingredients**
Plant-derived capsule
- Laboratory tested for purity**
Free of heavy-metal toxicity



Saw Palmetto

gaia
HERBS

Single Herbs

Saw Palmetto

Supports healthy prostate function*

meet your herbs®

Enter ID # at GaiaHerbs.com

VEGETARIAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

BEST BY
Enter ID# at GaiaHerbs.com

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Calories	5
Saw Palmetto berry supercritical extract † (Serenoa repens)	188 mg†
Fatty acids [from Saw Palmetto berry]	160 mg†
Fatty acids [from Lecithin (non-GMO)]	150 mg†
1Daily Value not established	

Other ingredients: Vegetable cellulose (capsule).
† = Ecologically Harvested

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712



006 828-1114

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



[006] 828-1114

Single Herbs

Individual herbs in their vibrant, natural form support each person uniquely. Gaia Herbs' single herbs contain concentrated extracts of an individual medicinal herb, to deliver nature's vitality to you.

Saw Palmetto

Saw Palmetto optimizes metabolism of male hormones and promotes healthy prostate gland function.* Gaia Herbs' Saw Palmetto contains a supercritical CO₂ extract of the herb delivering 188 mg of extract, with 160 mg of fatty acids per serving. At this strength, just 2 capsules a day provide the same amount of constituents used in successful human clinical research.

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 Easily digestible plant-derived capsule
- Laboratory tested for purity**
Free of heavy-metal toxicity

gaia
HERBS

Single Herbs

Saw Palmetto

Supports healthy prostate function*

Healthy balance of male hormones*
Saw Palmetto berry: 188 mg extract

Full spectrum potency
Saw Palmetto fatty acids: 160 mg

meet your herbs®

SEE BACK OF BOX TO LEARN HOW

VEGETARIAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT



Saw Palmetto

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gaia[®] plant
HERBS intelligence[®]

GAIA FARM
BREVARD, NC

Over 40 crops are grown each year on our certified organic farm. 250 fragrant acres of Valerian, Echinacea, Holy Basil, Hawthorn, Nettles, and more grace our valley. Each plant thrives naturally here, in one of the most fertile bioregions in the world.

meet your herbs®

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.