90size_250cc Box
_AutoBottom
wide x 4 in. 11/16 tall

Other Ingredients

No nutritional claims made for these ingredients.

AMOUNT PER SERVING		1 Tab	3 Tabs	%DV
BETAINE *(HCl)*	MG	33	100	*
BIOFLAVONOIDS *(From Citrus)*	MG	17	50	*
BORON *(From Krebs Cycle Boron)*	MG	1	3	*
GLUTAMIC ACID *(HCl)*	MG	33	100	*
VANADIUM *(From Kelp)*	MCG	.33	1	*
ORGANIC HERB & WHOLE FOOD BLEND:	MG	100	300	*
Rose Hips, Kale lf., Alfalfa lf., Spirulina h., Blackberry ft., Blueberry ft., Cherry ft., Pomegranate Seed, Raspberry ft., Strawberry ft.				
OTHER INGREDIENTS: Calcium Silicate, Magnesium Stearate				*

**Daily Value Not Established*
Note: Plant cellulose tablet coating contains citrus & vanilla flavoring.

A DIETARY SUPPLEMENT FOR WOMEN AND MEN OF ALL AGES.

Organic Whole Food-Based Tablets

SATISFACTION $ -MONEY- 100% -BACK- GUARANTEED

SuperNutrition™
www.SuperNutritionUSA.com
Oakland, CA 94612 | 800.262.2116
§See website for details on Money Back Guarantee

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the U.S. FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: TAKE 1-3 TABLETS DAILY PREFERABLY SPREAD THROUGHOUT THE DAY AFTER MEALS. Tablets are food-based for fast, easy disintegration.

VEGETARIAN | HYPOALLERGENIC GLUTEN FREE Contains no: gluten, gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn or soy residues, hidden additives, sodium aluminosilicate, dyes or artificial colorings.

ENRICHED WITH ORGANIC HERBS & GREEN FOODS Certified organic herbs and green foods are organically grown and processed in accordance with the California Organic Foods Act of 1990.

STORE IN A COOL, DRY PLACE OR FROST-FREE REFRIGERATOR. Product color and aroma may vary or change over time due to natural ingredients.

‡Improved Formula.
More of the nutrients you want.
See our website.

0 33739 00147 5

NEW! IMPROVED FORMULA‡ LOOK

Super NutritioN™ SINCE 1977

Calcium Blend

THE WORLD'S BEST BONE BUILDER

The most comprehensive bone-building formula on the market. Optimal support for bone strength and flexibility.*

optimal plus™ body nutrition

90 TABS MULTIVITAMIN MULTIMINERAL SUPPLEMENT

Supplement Facts

Serving Size 1-3 Tablets
Servings Per Container 30-90

		AMOUNT PER SERVING			
		1 Tab	% DV	3 Tabs	% DV
VITAMIN C *(Ascorbic Acid)*	MG	333	556%	1000	1667 %
VITAMIN D *(Vitamin D3)*	IU	667	167%	2000	500 %
VITAMIN K1 *(Phytonadione)*	MCG	27	33%	80	100 %
VITAMIN K2 *(MK7)*	MCG	33	42%	100	125 %
FOLIC ACID	MCG	133	33%	400	100 %
CALCIUM *(Carbonate & Citrate)*	MG	417	42%	1250	125 %
IRON *(Ferrous Carbonyl)**	MG	8	46%	25	139 %
IODINE *(From Kelp)*	MCG	75	50%	225	150 %
MAGNESIUM *(Oxide & Glycinate)*	MG	233	58%	700	175 %
ZINC *(Oxide & Citrate)*	MG	10	67%	30	200 %
SELENIUM *(Sodium Selenite)*	MCG	33	48%	100	143 %
COPPER *(Glycinate)*	MG	0.8	42%	2.5	125 %
MANGANESE *(Sulfate & Citrate)*	MG	3.3	167%	10	500 %
CHROMIUM *(Polynicotinate & Picolinate)*	MCG	67	56%	200	167 %
MOLYBDENUM *(Trioxide)*	MCG	50	67%	150	200 %
POTASSIUM *(Chloride & Succinate)*	MG	33	1%	99	3 %

**Iron pre-coated to prevent interaction with Calcium and other nutrients.*

Super NutritioN™ SINCE 1977

SuperNutrition brands mean not just good nutrition, but super nutrition. That means products with the vitamin potencies you need for the energetic life you want to live. Healthier. Happier. Smarter.

— The Mooney Family

Super NutritioN™ HEALTHIER. HAPPIER. SMARTER. SINCE 1977

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SATISFACTION $ -MONEY- 100% -BACK- GUARANTEED

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A dietary supplement for women and men of all ages. Tablets are food-based for fast, easy disintegration.

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Organic Whole Food-Based Tablets

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Product color and aroma may vary or change over time due to natural ingredients.

‡Improved Formula.
Now with more of the nutrients you want.
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optimal plus™ body nutrition

90 TABS MULTIVITAMIN MULTIMINERAL SUPPLEMENT

optimal plus™ body nutrition

Vitamins are essential for life.
It takes only a small amount of vitamins to survive. It takes lots more to thrive.

There are over 25,000 studies in the National Library of Medicine on vitamin potencies. Together they show that vitamin *potency* makes the difference.

More in it! Our Calcium Blend is the strongest, most comprehensive bone-building formula on the market.*

Always the world's best bone builder. 1,250 mg of Calcium, 700 mg of Magnesium, 2000 IU of Vitamin D and full potencies of nine other bone-building nutrients. Compare the formula and see!*

More Calcium, fewer tablets. Gives you 1,250 mg of Calcium in just three tablets a day.

Builds bone strength. Improves bone flexibility so that bones can absorb sudden impact with less risk of fracture*

See The Proof.
www.SuperNutritionUSA.com/science.php

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THIS BOX IS MADE FROM RECYCLED PAPERBOARD

GLUE AREA

GLUE AREA