

Solgar's Valerian Root Extract Vegetable Capsules are free of sugar, salt, yeast, wheat, soy, gluten, dairy and animal products and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

Phyto₂X® is a special blend of antioxidants, the purpose of which is to maintain the freshness of the ingredients.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free
1-877-SOLGAR 4

www.solgar.com

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PHYTO₂X®
SYSTEM



Since 1947

New
Formula

STANDARDIZED

VALERIAN ROOT EXTRACT

(Valeriana officinalis)

HERBAL SUPPLEMENT

60 VEGETABLE CAPSULES
SUITABLE FOR VEGETARIANS



Supplement Facts

Serving Size 1 Vegetable Capsule

Amount Per Serving	%DV
Total Carbohydrate	<1 g <1%*
Standardized Valerian Extract (root) (valerenic acid 2.4 mg [0.8%])	300 mg **

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate, **Phyto₂X®** Blend (L-ascorbic acid, natural beta-carotene).

SUGGESTED USE: As an herbal dietary supplement for adults, take one (1)

vegetable capsule up to three (3) times daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment.

Keep out of reach of children.

Solgar's KOF-K certification #K-1250
CAREFULLY MANUFACTURED BY:
SOLGAR VITAMIN AND HERB
500 WILLOW TREE ROAD
LEONIA, NJ 07605 U.S.A.

