

Suggested Use

Adults take 2 capsules 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

- Liquid potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps®
U.S. Patent No. 6,238,696 B1
- 100% vegetarian, dairy free, no gluten-containing ingredients**
Plant-derived capsule
- Laboratory tested for purity**
Free of heavy-metal toxicity

Black Walnut

gaia
HERBS

SystemSupport™

Para-Shield®

Optimizes
digestive flora*

meetyourherbs®
Enter ID # at GaiaHerbs.com

60 VEGETARIAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

BEST BY
Enter ID# at GaiaHerbs.com

SystemSupport™

Addressing a root cause of less-than-optimal systemic balance can help enhance your vitality.* Gaia Herbs' SystemSupport™ products help naturally maintain your body's harmony and balance

Para-Shield®

A healthy balance of digestive flora is important in maintaining a healthy digestive system. Gaia Herbs' Para-Shield® formula was designed to support the gastro-intestinal tract, with herbs known to help maintain the body's natural immune defenses.* It also includes digestion supporting herbs like Gentian and Ginger.*

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HERBS

SystemSupport™

Para-Shield®

Optimizes
digestive flora*

Promotes digestive health*
Black Walnut fresh green hulls

Supports healthy intestinal balance*
Synergistic herbal formula

meetyourherbs®
SEE BACK OF BOX TO LEARN HOW

60 VEGETARIAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

Suggested Use

Serving Size 2 Capsules
Servings Per Container 30

AMOUNT PER SERVING

Calories 20

PROPRIETARY EXTRACT BLEND: 900 mg†

Pomegranate seed extract ▲ [Punica granatum], Black Walnut green hulls, fresh ▲ [Juglans nigra], Wormwood absinthium herb ▲ [Artemisia absinthium], Sweet Wormwood herb ▲ [Artemisia annua], Coptis root ▲ [Coptis chinensis], Ginger root ▲ [Zingiber officinale], Gentian root ▲ [Gentiana lutea], Clove bud essential oil ▲ [Syzygium aromaticum]

†Daily Value not established.

Other ingredients: Vegetable glycerin, capsule (vegetable cellulose)

- ▲ = Certified Organic Ingredient
- ◆ = Ecologically Harvested

Each 2 capsules contain 5,400 mg dry herb equivalent.

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Gaia Herbs, Inc.,
101 Gaia Herbs Dr.,
Brevard, NC 28712
GaiaHerbs.com

A61001 V2
(004) 588-0512



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



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HERBS | plant
intelligence®

GAIA FARM
BREVARD, NC

On-site at Gaia Herbs 250-acre certified organic farm is our 45,000-square-foot certified organic manufacturing facility and analytical laboratory.

Here, we test our herbs' natural chemistry as they grow, allowing us to harvest at peak potency.

meetyourherbs®

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.