

Suggested Use

Adults take 1 capsule 2 times daily between meals. Suggested maximum time of use 2-4 weeks or as recommended by your health care provider.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

-  **Liquid potency, easy absorption**
Alcohol-free Liquid Phyto-Caps®
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity



gaia
HERBS

Single Herbs

Oil of Oregano

Supports a healthy immune response*

meet your herbs®
Enter ID # at GaiaHerbs.com

 **VEGETARIAN LIQUID PHYTO-CAPS®**
DIETARY SUPPLEMENT

BEST BY
Enter ID# at GaiaHerbs.com

Supplement Facts

Serving Size 1 Capsule	
Servings Per Container 60	
Amount Per Serving	
Calories	5
Oregano leaf supercritical extract ♦ 230 mg†	
(32 mg† Carvacrol and Thymol)	
†Daily Value not established	

Other ingredients: Lecithin (non-GMO), and capsule (vegetable cellulose)

♦ = Ecologically Harvested

Gaia Herbs, Inc.,
101 Gaia Herbs Dr., Brevard, NC 28712

Each capsule contains 2,400 mg dry herb equivalent.

(008) 828-1114



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



(008) 828-1114

Single Herbs

Individual herbs in their vibrant, natural form support each person uniquely.* Gaia Herbs' single herbs contain concentrated extracts of an individual herb, to deliver nature's vitality to you.*

Oil of Oregano

A natural antioxidant source, Oil of Oregano contains phytochemicals which support the body's natural resistance.* Gaia Herbs' supercritical CO₂ extract of Oregano volatile oils contains phenols, including Carvacrol and Thymol. These oils help support a healthy microbial environment in the intestines and a healthy immune response.*

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U.S. Patent No. 6,238,696 B1
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Easily digestible plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity

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HERBS

Single Herbs

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Supports a healthy immune response*

Supports healthy digestive flora*
Oregano leaf extract: 230 mg

Natural antioxidant source*
Carvacrol & Thymol: 32 mg

meet your herbs®
SEE BACK OF BOX TO LEARN HOW

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DIETARY SUPPLEMENT

Oregano

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gaia
HERBS plant
intelligence®

GAIA FARM
BREVARD, NC

Over 40 crops are grown each year on our certified organic farm, 250 fragrant acres of Valerian, Echinacea, Holy Basil, Hawthorn, Nettles, and more grace our valley. Each plant thrives naturally here, in one of the most fertile bioregions in the world.

meet your herbs®

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.