

## RAPID PERFORMANCE & RECOVERY SUPERCARB<sup>†</sup>

Performance endurance requires fuel, CARBS = FUEL! Carbohydrates fuel the body's glycolytic and anaerobic ATP-PC energy systems for true athletic performance power. However, not all carbohydrates are created equal. For optimal performance, there must be a balance between how much you take in and how fast it leaves your stomach (gastric clearance rate). This avoids potential cramping. Gaspari researchers utilize proprietary Osm Technology to finely tune Glycofuse<sup>®</sup> in solution to ensure a low osmolality to achieve this balance. This means a faster gastric clearance! We have chosen to deliver only pure HIGHLY BRANCHED CYCLIC DEXTRIN to athletes looking for a clinically studied carbohydrate for their high performance power, glycogen loading, and endurance needs with a proven track record. Do you want fuel for your workouts and rapid replenishment for the next training session? Do you want sustained energy and balanced glucose levels which won't inhibit fat burning? If you want all that, then you want Glycofuse<sup>®</sup>.

**BUILD CONFIDENCE. BUILD STRENGTH. FUEL YOURSELF.**

### JUST THE FACTS

25G PURE HIGHLY BRANCHED CYCLIC DEXTRIN PER SERVING  
ACCELERATES PERFORMANCE AND GLYCOGEN LOADING<sup>†</sup>  
RAPID GASTRIC CLEARANCE USING OSM TECHNOLOGY<sup>†</sup>  
LOADED WITH ELECTROLYTES  
SUGAR AND GLUTEN FREE

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Made in the USA from domestic and international ingredients. Developed and exclusively manufactured for Gaspari Nutrition, 575 Prospect St., Suite 301 Lakewood, NJ 08701 USA 1.732.364.3777



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<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MANUFACTURED FREE OF BANNED SUBSTANCES IN A GMP CERTIFIED FACILITY

REPLENISHMENT<sup>†</sup> | ENDURANCE<sup>†</sup> | FAST GASTRIC CLEARANCE<sup>†</sup> | HYDRATION<sup>†</sup> | PERFORMANCE<sup>†</sup>

CLINICALLY STUDIED IN REAL ATHLETES<sup>†</sup>  
LOADED WITH ELECTROLYTES

osm  
TECHNOLOGY

# GLYCOFUZE<sup>®</sup>

## RAPID PERFORMANCE & RECOVERY SUPERCARB<sup>†</sup>

25G  
HIGHLY BRANCHED  
CYCLIC DEXTRIN

60  
SERVINGS  
PER CAN

GLUTEN  
FREE

SUGAR  
FREE

LEMON ICE

NATURAL & ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT Net Wt. 3.7 lbs. (1680 g)



### Supplement Facts

Serving Size 1 Scoop (28 g)  
Servings Per Container 60

	Amount Per Serving	%DV**
Calories	100	
Total Carbohydrate	25 g	8%
Calcium (as Calci-K <sup>®</sup> calcium potassium phosphate-citrate)	83 mg	8%
Magnesium (as Albion <sup>®</sup> dimagnesium malate)	23 mg	6%
Sodium (as sodium chloride)	35 mg	2%
Highly Branched Cyclic Dextrin	25 g	*

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Malic Acid, Natural & Artificial Flavors, Sucralose, Acesulfame Potassium, Turmeric Powder (color).  
ALLERGENS: Contains none

DO NOT USE AS A SOLE SOURCE OF NUTRITION FOR WEIGHT LOSS OR MAINTENANCE. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.



Albion and Calci-K are registered trademarks of Albion Laboratories, Inc. Osm is a trademark of Gaspari Nutrition. Cluster Dextrin is a registered trademark of Ezaki Glico Co., Ltd.

### DIRECTIONS AND USE

Take before, during or after training.  
LIQUID PER SCOOP A  
Add 1 scoop per 8-12 fl. oz. of water.



#### SHAKER CUP OR WATER BOTTLE

Add 1 to 2 scoops of Glycofuse to your shaker cup or water bottle. Cover and shake vigorously for 30 seconds.

For team sports, please use the following directions when mixing into larger containers such as a gallon jug or a 5 gallon cooler.



#### 1 GALLON OF WATER

In a gallon jug of water, place funnel into the mouth, and add 12 scoops of Glycofuse to your gallon of water. Close the lid and shake vigorously for 30 seconds.



#### 5 GALLONS OF WATER

Fill your water cooler with five gallons of water. Remove the scoop and add one full container of Glycofuse to five gallons of water. Stir thoroughly for 30-45 seconds.

Gaspari Nutrition is ever evolving and if you've been a fan of my products over the years, you can attest to this. If you are new to the Gaspari Nutrition family, you'll soon learn that it is my mission to not only create the absolute best research driven products, but to also help you get into the best shape of your life. You aren't an average person or just another face in the crowd. You expect more from yourself and it's my lifelong mission to provide you the tools to see your dreams in competition, on the field, in the gym, or on the stage become reality.

Yours in sport,

*Richard S. Gaspari*

— Richard S. Gaspari  
President, Gaspari Nutrition



WITH MEALS | PRE | DURING | POST | BETWEEN MEALS