

ADVANCED TECHNOLOGY ADVANCED TECHNOLOGY ADVANCED TECHNOLOGY ADVANCED TECHNOLOGY

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Serving Size: 3 Capsules for men
Servings Per Container: 30
Serving Size: 2 Capsules for women
Servings Per Container: 45

Amount Per Serving	% DV men	% DV women
Protein	1 g 2%†	1 g 2%†
Vitamin B6 (as pyridoxine hydrochloride)	10.5 mg 525%	7 mg 350%
Magnesium (as magnesium aspartate)	450 mg 113%	300 mg 75%
Zinc (as zinc monomethionine and zinc aspartate)	30 mg 200%	20 mg 133%

† Percent Daily Value (DV) are based on a 2,000 calorie diet.

OTHER INGREDIENTS | Gelatin, medium chain triglycerides, cellulose, magnesium stearate.

DIRECTIONS | Take 3 capsules daily for men or 2 capsules daily for women, preferably on an empty stomach, 30-60 minutes prior to bedtime. For best results, use as part of a low-fat diet and exercise program.

WARNING | Do not use if pregnant or nursing. Consult a health care professional before use if you are taking any medication or have any medical condition. Not recommended for use by individuals under the age of 18 without parental permission. **KEEP OUT OF REACH OF CHILDREN**

ANABOLIC MINERAL SUPPORT*

This powerful, university-tested muscle growth formula has been shown to enhance healthy hormone production supporting greater muscle strength gains in male athletes.*¹ ZMA Fuel can be used with other Twinlab strength promoting supplements.*

¹ Brilla LR, Conte V. J Ex Physiol. 2000; 3:26-36.

ZMA® is a registered trademark of SNAC Systems, Inc., San Carlos, CA 94070

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MANUFACTURED BY TWINLAB CORPORATION
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A NSF® GMP for Sport registered facility

BEST IF USED BY DATE SHOWN ON BOTTLE.
STORE IN A COOL, DRY PLACE.

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ADVANCED TECHNOLOGY ADVANCED TECHNOLOGY

TWINLAB®

CLINICALLY
TESTED

ZMA®
FUEL

[Promotes **STRENGTH**] *

> STRENGTH* <

DIETARY SUPPLEMENT **90 CAPSULES**