Nervous System Support

Kava Kava root has been safely used for centuries in the South Pacific Islands for its natural calming and relaxing properties.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CAUTION: Do not use while driving a motor vehicle or operating machinery. Not intended for use by pregnant or lactating women. Not for use by persons under the age of 18. Consult a health-care professional prior to use if you have liver problems, frequently use alcohol, or take any medication. Stop use if you develop symptoms that may signal liver problems. Do not exceed recommended dose. Keep out of the reach of children.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.

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Kava Kava

Anxiety Relief Formula

- Naturally Calming
- Helps with Troubled Sleep*

Herbal Dietary Supplement 60 CAPSULES

Stock No. 405-9 NATURE'S SUNSHINE PRODUCTS, INC.

Spanish Fork, Utah 84660 1-800-223-8225 www.naturessunshine.com

Supplement Facts

Serving Size 2 Capsules Servings Per Container 30

Amount Per 2 Capsules

Kava Kava Root Extract
(Piper methysticum) 400 mg**
standardized to 30% total kavalactones

**Daily Value not established

Other Ingredients: Cellulose (plant fiber), capsule (gelatin, water), magnesium stearate (vegetable), silicon dioxide (powdered silica), tricalcium phosphate.

GUARANTEED PURE

RECOMMENDATION

Take one capsule with a meal twice daily. Bedtime dose: 1-2 capsules 30 minutes prior to retiring.

