

NORDIC



NATURALS®

- ✓ Healthy Heart*
- ✓ Brain Health*
- ✓ Optimal Wellness*

OMEGA BOOST™



CREAMY LEMON

570 mg Omega-3
For heart, brain,
and immune system health*

*Serve
Chilled*



Divinely Delicious!

Dietary Supplement | 6 fl oz/178 mL | 35 Servings

Great-Tasting, Fun Way to Get Your Omegas!

Omega Boost™ is a delicious, creamy formulation of omega-3s that supports heart, brain, and mood health, and provides increased bioavailability of these essential fats.*

Wild caught. Pure. No fishy aftertaste.

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

Suggested Use: One teaspoon daily, or as directed by your health care professional or pharmacist. Shake before serving.

Do not take if tamper-evident seal is broken or missing. Refrigerate after opening. Do not freeze. Best if used within 3 months after opening. Keep out of the reach of children.

Warning: Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: **1 Teaspoon (5 mL)**

Servings per bottle: **about 35**

Amount Per Serving		% Daily Value*
Calories	20	
Calories from fat	15	
Total Fat	1.5 g	2%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Cholesterol	10 mg	3%
Sodium	0 mg	†
Total Carbohydrate	2.0 g	<1%
Sugars	0 g	†
Total Omega-3s	570 mg	†
EPA (Eicosapentaenoic Acid)	270 mg	†
DHA (Docosahexaenoic Acid)	190 mg	†
Other Omega-3s	110 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: water, purified deep sea fish oil (from anchovies and sardines), xylitol, glycerol, natural lemon flavor, guar gum, xanthan gum, vanillin crystals, rosemary extract (a natural preservative), ascorbyl palmitate, d-alpha tocopherol, citric acid, malic acid, sorbic acid, turmeric extract (for color).

No gluten, corn, dairy, yeast, or artificial colors or flavors.



Manufactured in Canada;
Distributed from the U.S. by:
NORDIC NATURALS, INC.
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