

100%



5-DAY FAST & CLEANSE®

The Best Way to Give Your Body a Fresh Start...in Just 5 Days!



Fasting provides an efficient way to cleanse the body and rest the digestive system. Fasting can help support the removal of toxins, improve digestive function and boost levels of energy.*

5-Day Fast & Cleanse® is a simple program to help renew and nourish your body, giving you a fresh start.* It provides 5 products to support your body during a fasting regimen.*

This 5-day program helps support the body's natural ability to eliminate toxins through the digestive tract and promote cellular health.* The 5-Day Fast & Cleanse® program delivers a bold combination of nutrients and cleansing herbs to encourage healthy elimination of toxins from the colon.*

5-Day Fast & Cleanse® features formulations with botanicals, fibers, minerals, phytonutrients and "super foods" in 5 supportive products:

1

PART 1: COLON CLEAR®
 Promotes daily bowel movements to help eliminate waste

2

PART 2: FIBER CLEANSE™
 Source of fiber to enhance digestion and elimination*

3

PART 3: LIVER CLEANSE®
 Well-balanced nutrients to support liver health

4

PART 4: CRAVELESS®
 Powerful herbal blend to support healthy digestion

5

PART 5: SUPER NUTRITION™
 Broad spectrum of phytonutrients to supply antioxidant and nutritional support*