

**OmegaGenics™ EPA-DHA 500** provides high quality fish oil produced in Norway and features a concentrated source of health-promoting omega-3 essential fatty acids from cold-water fish. Each softgel provides a total of 500 mg of EPA and DHA to support healthy blood lipids, cardiovascular health, a positive mood, and overall health.\*

Advantages of this premium formula include:

- Tested for contaminants by a leading third-party lab
- Fish oil produced in a Norwegian pharmaceutical-licensed facility
- Stabilized with natural antioxidants to maintain freshness
- Natural lemon-flavored softgels

OmegaGenics EPA-DHA 500 is purity guaranteed for reliability you can trust. Visit [www.WhyOmegaGenics.com](http://www.WhyOmegaGenics.com) to learn more.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Directions:** Take two softgels up to three times daily with food or as directed by your healthcare practitioner.

**Caution:** If pregnant or nursing, or taking medication—including blood thinning medication—consult your healthcare practitioner before use. Do not use before surgery. Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

**This product is Gluten Free.**

**Metagenics**

Genetic Potential Through Nutrition

New  
larger size

# OmegaGenics™ EPA-DHA 500

Purity Guaranteed  
(Formerly EPA-DHA Extra Strength)

Natural Lemon Flavor

Omega-3 Supplement  
240 SOFTGELS

## Supplement Facts

Serving Size 2 Softgels

Servings Per Container 120

|                                  | Amount Per Serving | % Daily Value |
|----------------------------------|--------------------|---------------|
| Calories                         | 20                 |               |
| Calories from Fat                | 20                 |               |
| Total Fat                        | 2 g                | 3%*           |
| Cholesterol                      | less than 5 mg     | <2%*          |
| Natural Marine Lipid Concentrate | 2 g                | **            |
| EPA (Eicosapentaenoic acid)      | 600 mg             | **            |
| DHA (Docosahexaenoic acid)       | 400 mg             | **            |

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**Ingredients:** Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], gelatin, glycerin, purified water, natural lemon flavor, mixed tocopherols, rosemary extract, and ascorbyl palmitate.

**Contains:** fish (anchovy, sardine, and mackerel).

**Distributed by:** Metagenics, Aliso Viejo, CA 92656 • 800 692 9400  
[www.metagenics.com](http://www.metagenics.com)

