

Suggested Usage: Stir 1 teaspoon into 1 cup of water and simmer for several minutes. Let cool. Add honey and sip or gargle.

Slippery Elm, also known as Red Elm, Moose Elm or Indian Elm, is a small North American tree that has been traditionally used by herbalists for over 100 years. It was reportedly used by native North Americans and early settlers as a survival food. Its bark is known for its mucilage constituents, which can help to coat and soothe the tissues of the GI tract.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Pregnant or nursing women: do not use unless recommended by your physician. Consult physician if taking medication or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

This product is sold by weight not volume.

CODE 5060 V2



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Slippery Elm Powder

Herbal Supplement

Helps Coat and Soothe GI Tract*

Net Wt. 4 oz. (113 g)

A Dietary Supplement Vegetarian/Vegan

Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 1 Teaspoon (1.5 g)

Servings Per Container about 75

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	< 1%*
Slippery Elm Powder (<i>Ulmus rubra</i>) (Bark)	1.5 g (1,500 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: None.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

