

Thyroid Support

The health of the thyroid gland impacts how you feel on a daily basis. Because it helps regulate metabolism, every major system in the body is affected by altered levels of thyroid hormones. Gaia Herbs' unique formula supports normal thyroid hormone production—helping you maintain optimal weight, neuromuscular tone, and cardiovascular health.*

Suggested Use

Adults take 2 capsules in the morning and 1 capsule in the evening between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product.

Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.

Natural separation may occur. This does not affect product quality.

Ashwagandha

gaia
HERBS

VALUE
SIZE

SystemSupport™

Thyroid Support

Supports healthy
thyroid function*

meetyourherbs®

Enter ID # at GaiaHerbs.com



VEGETARIAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

BEST BY
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Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Iodine (from Proprietary Seaweed Blend)	100 mcg	67%
L-Tyrosine	200 mg	†
Ashwagandha root extract † (<i>Withania somnifera</i>)	80 mg	†
Proprietary Seaweed Blend Kelp fronds † (<i>Laminaria digitata</i>) Brown Seaweed fronds †	100 mg	†
Proprietary Extract Blend Coleus forskohlii † (<i>Coleus forskohlii</i>), Schisandra berry † (<i>Schisandra chinensis</i>)	430 mg	†

†Daily Value not established

Other ingredients: Vegetable glycerin, lecithin (non-GMO), water, and capsule (chlorophyll vegetable cellulose)

† = Ecologically Harvested

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Each 2 capsules contain 1,800 mg dry herb equivalent.



[005] 828-1114

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.