

Solgar's Phosphatidylserine Complex Tablets are free of corn, yeast, wheat, dairy products and gluten and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free
1-877-SOLGAR 4
www.solgar.com



PHOSPHATIDYLSERINE COMPLEX TABLETS

DIETARY SUPPLEMENT
30 TABLETS

SUITABLE FOR VEGETARIANS
SUGAR, SALT AND STARCH FREE

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%DV
Calories	5
Total Carbohydrate	<1 g <1%*
Calcium (as dicalcium phosphate)	40 mg 4%
Phosphatidylserine Complex	500 mg **
Phosphatidylserine	100 mg **
Phosphatidylcholine	55 mg **
Phosphatidylethanolamine	40 mg **
Phosphatidylinositol	20 mg **

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Ingredients: Soy Lecithin enriched with phosphatidylserine, Microcrystalline Cellulose, Dicalcium Phosphate, Vegetable Cellulose, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate, Vegetable Glycerin.

SUGGESTED USE: As a dietary supplement for adults, take one (1) tablet up to three (3) times daily, preferably at mealtimes, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children.

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CAREFULLY MANUFACTURED BY:
SOLGAR VITAMIN AND HERB, LEONIA, N.J. 07605 U.S.A.

