



CODE 386154

DIRECTIONS: Once per day as a dietary supplement, consume one, two or three scoops of GNC Pro Performance® AMP Amplified Wheyboic Extreme 60™ in 6, 8 or 12 fl oz of cold water respectively, 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full three scoop serving twice per day, pre- and post- workout.

Supplement Facts

Serving Size	3 Scoops (85 g)		2 Scoops (56.7 g)		1 Scoop (28.3 g)	
Servings Per Container	7		10		20	
Amount Per Serving	% Daily Value		% Daily Value		% Daily Value	
Calories	280		190		90	
Calories from Fat	15		10		5	
Total Fat	1.5 g	2%†	1 g	2%†	0.5 g	1%†
Saturated Fat	1 g	5%†	0.5 g	3%†	0.5 g	3%†
Cholesterol	15 mg	5%	10 mg	3%	5 mg	2%
Total Carbohydrate	7 g	2%†	5 g	2%†	2 g	1%†
Dietary Fiber	1 g	4%†	<1 g	3%†	<1 g	1%†
Sugars	2 g	*	1 g	*	<1 g	*
Protein	60 g		40 g		20 g	
Calcium	260 mg	26%	173 mg	17%	87 mg	9%
Sodium	230 mg	10%	150 mg	6%	75 mg	3%
Potassium	350 mg	10%	230 mg	7%	115 mg	3%
MicroSorb™ Amino Acid Complex	14 g	*	9.3 g	*	4.7 g	*
Glutamine (as Whey Protein Isolate, Hydrolyzed Whey Protein and Micronized L-Glutamine), Arginine (as Micronized L-Arginine, Whey Protein Isolate and Hydrolyzed Whey Protein)						
Leucine (as Whey Protein Isolate, L-Leucine and Hydrolyzed Whey Protein)	10 g	*	6.7 g	*	3.3 g	*
L-Carnitine (as L-Carnitine Tartrate)	500 mg	*	333 mg	*	167 mg	*
Amino Acceleration System	239 mg	*	159.3 mg	*	79.7 mg	*
Enzyme Matrix™ Blend (Amylase, Protease 4.5, Protease 6.0, CereCalse®, Peptidase, Alpha-Galactosidase, Glucoamylase, Bromelain, Protease 3.0, Lipase, Protease AM, Invertase, Lactase), Aminogen®, Carbogen®						

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Polydextrose, Lecithin, Citric Acid, Malic Acid, Sucralose, FD&C Red #40, Acesulfame Potassium.

CONTAINS: Milk and Soybeans.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

Aminogen® & Carbogen® are registered trademarks of Triarco Industries. Enzyme Matrix™ and CereCalase® are products of National Enzyme Company. Enzyme Matrix is a GNC trademark.

TYPICAL AMINO ACID PROFILE PER 3 SCOOP SERVING			
Alanine	2916 mg	Lysine	5721 mg
Arginine*	3723 mg	Methionine	1258 mg
Aspartate	6481 mg	Phenylalanine	1920 mg
Cystine	1467 mg	Proline	3614 mg
Glutamate*	10330 mg	Serine	2551 mg
Glycine	1018 mg	Threonine	3747 mg
Histidine	1089 mg	Tryptophan	1107 mg
Isoleucine†	3792 mg	Tyrosine	1809 mg
Leucine†*	10308 mg	Valine†	3449 mg
TOTAL:			66300 mg

†Indicates Branched Chain Amino Acids (BCAA).

***Naturally occurring and added**

**** As with any food product, use of this product alone will not lead to increased muscle mass or strength. This product is, however, useful for athletes involved in regular intense resistance training programs.**

*Inclusion of these enzymes resulted in a 12% greater protein breakdown as measured by the release profile of the amino acid tyrosine. These results represent the enzyme activity potential under simulated conditions. Effects in the human body have not been studied.

◆ Per 3 scoop serving.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

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Pittsburgh, PA 15222

Place UPC Here

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What is Amplified Wheybolic Extreme 60™?

Looking for a protein that will help **AMPLIFY** your game? When it comes to enhancing your strength, size and stamina, nothing complements your training regimen like **Amplified Wheybold Extreme 60™**! Now **GNC** has made their top protein formula even more intense! Along with a base of whey and leucine - proven in clinical studies to give you 30% increase in strength, increased muscle size, and a 100% improvement in exercise efficiency,^{***} we have **AMPED** up the protein with a total of 10 grams of leucine^o for protein synthesis and doubled the hydrolysates for rapid absorbing critical protein. That's even better fuel for a stronger body - premium protein for **ADVANCED MUSCLE PERFORMANCE.***

The Amplified Wheyboldic Extreme 60™ Evolution

How is this protein AMplified? GNC's scientists worked with leading exercise and sports nutrition experts and went beyond the extreme to develop this distinct product...

Highly Effective Whey-Leucine

Base – The impressive 60 grams of protein^o is made entirely from two of the highest quality, fast-absorbing forms of whey protein – isolates and now even more hydrolysates. With 10 grams of leucine,^o this creates an ideal environment for muscle protein synthesis. This potent blend upregulates multiple Genetic Signaling Pathways (GSP) to enhance anabolism and muscle performance.* In fact, the whey and leucine blend in Amplified Wheybollic Extreme 60™ has been shown to increase muscle strength and stamina with half the sets.***

Micronized Amino Acids – Using MicroSorb™ Amino Technology, the amino acids added to this formula are pulverized, or “micronized” from large molecules into smaller particles to facilitate faster absorption. Why is that important? Better absorption of amino acids means better muscle fuel. These key amino acids support muscle building and recovery.*

Amino Acceleration System – This digestive enzyme blend is designed to accelerate the availability and absorption of amino acids to be efficiently used by the muscles.

More Key Aminos – In addition to a whopping 10 grams of leucine® – this formula is loaded with an array of aminos necessary for your muscles, which are delivered through advanced technologies that help to create a dual flow of quick absorbing aminos through a blend of micronized and non-micronized amino acids that act as critical fuel for protein synthesis and nitrogen balance. This complex blend of amino acids delivers 4 grams of arginine, which is involved in creatine synthesis, and over 10 grams of glutamine providing anabolic effects. The amino acid L-Carnitine is included to help transform fatty acids into energy for muscles and the body's energy production system.*

**The Proof is in the Protein –
and then some...**

This cutting-edge formula is scientifically engineered to AMPlify your game.

Features an Amino Acceleration System – a digestive enzyme blend with proven bioactivity. This proprietary enzyme blend provides a 12% greater protein breakdown for improved amino acid uptake.*

Who can benefit from taking Amplified Wheybolic Extreme 60™?

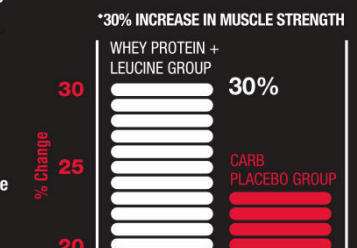
Those who are participating in resistance training regimens seeking improvements in muscle strength, size and stamina.

When Should I Take It?

Once per day consume one, two or three scoops of GNC Pro Performance® AMP Amplified Wheybold Extreme 60™ 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full three scoop serving twice per day, pre- and post- workout.

30% Increase in Muscle Strength ♦

The unique protein blend includes an anabolic module of 20 grams of whey protein and 6.2 grams of leucine that was clinically tested in an 8-week study of athletes performing an intense resistance exercise training regimen. The athletes using this proprietary module of whey protein and leucine demonstrated an increased improvement in muscle strength and muscle size as compared to those performing the same exercise training regimen who did not consume the proprietary module. In a clinical study of participants using a unilateral lower limb resistance training protocol, even the untrained limb demonstrated increases in muscle size.**



▲ In a clinical study using a reduced volume resistance training protocol, the anabolic module in 3 scoops of Amplified Wheybold Extreme 60™ has been clinically shown to provide the same gains in maximum muscle strength and stamina doing one set while using Amplified Wheybold Extreme 60™ when compared to two sets of the same amount of training without supplementation.*