

Single Herbs

Individual herbs in their vibrant, natural form support each person uniquely. Gaia Herbs' Single Herbs contain concentrated extracts of an individual medicinal herb, to deliver nature's vitality to you.*

Maca Root

Gaia Herbs' Maca Root capsules contain vegetarian, gelatinized Maca. The gelatinization process cleanly removes plant starches, leaving easily digestible, concentrated, and beneficial Maca constituents. Maca Root capsules are a convenient way of taking Maca each day. Gaia Herbs also offers gelatinized Maca Root Powder in the EarthBottle® canister.

The Gaia Difference



Plant-derived capsule
No animal byproduct



100% vegetarian, dairy free,
no gluten-containing ingredients



Laboratory tested for purity
Free of heavy-metal toxicity

Suggested Use

Adults take 1 capsule 2 times daily between meals.

*Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.*

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

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gaia
HERBS

Single Herbs

GELATINIZED

Maca Root

**Supports energy
& stamina***

Supports healthy libido*
Revitalizing Peruvian tonic*

Promotes emotional well-being*
Adaptogenic super food*

meetyourherbs®
SEE BACK OF BOX TO LEARN HOW

60 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT

gaia
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60 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT

BEST BY
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Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Gelatinized Maca root †
(Lepidium meyenii) 500 mg†

† Daily Value not established

Other ingredients: Capsule (pullulan)

† = Ecologically Harvested

Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Dr., Brevard, NC 28712
www.gaiaherbs.com

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Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY: