

AMPLIFIED WHEYBOLIC EXTREME 60™ STRENGTH 6 PRODUCTS IN ONE

- Proven 30% Increase in Muscle Strength* – 60g Whey Protein to Support Muscle Recovery & Growth*¹
- 10g Leucine, 10g Glutamine, 4g Arginine & Fast-Acting Whey Hydrolyzates to Accelerate Performance**
- Clinically Proven to Increase Insulin by 40% to Help Drive Nutrients for More Lean Muscle³



DIETARY SUPPLEMENT
Net Wt. 20.95 oz (5.91 kg) 595 g

CODE 386153

DIRECTIONS: Once per day, after a meal, consume one, two or three scoops of AMP® Pro Performance™ AMP Amplified WheyBolic Extreme 60®. Strength in 4, 8 or 12.8 oz of cold water, respectively, 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full three scoop serving twice per day, pre and post-workout.

Supplement Facts

Serving Size	1 Scoop (28.3 g)	2 Scoops (56.7 g)	3 Scoops (85.0 g)
Servings Per Container	20		
Amount Per Serving	% Daily Value	% Daily Value	% Daily Value
Calories	90	190	290
Calories from Fat	5	10	15
Total Fat	0.5 g 1%	1.0 g 2%	1.5 g 3%
Saturated Fat	0.0 g 0%	0.0 g 0%	0.0 g 0%
Cholesterol	5 mg 2%	10 mg 3%	15 mg 5%
Total Carbohydrate	2 g 1%	5 g 2%	7 g 2%
Sodium Chloride	1.0 g 1%	<1 g 2%	1 g 2%
Sugars	<1 g	1 g	2 g
Protein	20 g	40 g	60 g
Calcium	87 mg 2%	173 mg 17%	260 mg 26%
Potassium	75 mg 3%	150 mg 6%	225 mg 11%
Sodium	30 mg 4%	200 mg 7%	400 mg 10%
MicroSorb® Amino Acid Complex	4.7 g	9.3 g	14 g
Arginine (as Whey Protein Isolate, Microzoned L-Arginine and Hydrolyzed Whey Protein, Guanine and Whey Protein Isolate, Hydrolyzed Whey Protein and Microzoned L-Glutamine)			
Leucine	3.3 g	6.7 g	10 g
As Whey Protein Isolate, L-Leucine and Hydrolyzed Whey Protein			
L-Carnitine (as L-Carnitine Tartrate)	167 mg	333 mg	500 mg
Amino Acid Complex	73.7 mg	159.3 mg	239 mg
Enzyme Matrix: Blend (Amylase, Protease 4.5, Pepsinase 6.0, Cellulase)†, Papain, Alpha-Galactanase, Glucosaminase, Bromelain, Protease 10, Lipase, Protease AM, Mucopolysaccharidase, Lactonase, Amyloglucosidase, Carboxypeptidase			

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily value not established.

Other Ingredients: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Polyethylene Glycol, Titanium Dioxide, Sucralose, Acesulfame Potassium, Gum (Processed with Alkali), Yeast, Lecithin.
CONTAINS: Milk and Soybeans.
NOTICE: Use this product as a diet supplement only. Do not use for weight reduction. Significant product selling may occur.
AMP Amplified WheyBolic Extreme 60® and AMP Amplified WheyBolic Extreme 60® Strength are registered trademarks of Vitaro Industries. Enzyme Matrix™ and Cellulase™ are products of National Enzyme Company. Enzyme Matrix is a GNC trademark.

* As with any food product, use of this product alone will not lead to increased muscle mass or strength. This product is, however, useful for athletes involved in regular intense resistance training programs.

† Inclusion of these enzymes resulted in a 12% greater protein bioavailability as measured by the release profile of the amino acid leucine. These results represent the in-vitro activity performed under simulated conditions. Effects in the human body have not been studied.

** Per 3 scoop serving.

†† In a post-workout, double-blind, cross-over clinical trial that included 50 recreationally trained, healthy male subjects, those taking this WPI and leucine blend immediately post-workout showed significant increases in plasma insulin concentration. Those taking the WPI and leucine blend showed 400% more insulin to stimulate post-workout compared to a placebo.



Products bearing this logo have been tested for banned substances by WFL Sport Science, a world class anti-doping lab. *Product was tested for over 145 banned substances on the 2013 World Anti-Doping Agency (WADA) Prohibited List via WFL's split lot testing protocol (MS/MS). Go to www.informedchoice.com for more information.

STACK WITH: PRO PERFORMANCE® AMP Amplified Strength Vitarak® Amplified, Amplified Creatine XXX® Power & Amplified Maxerion 10.0 V2

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOW NOW @ GNC.COM
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

Amplified WheyBolic Extreme 60® Strength
Features 6 Products in 1!

1. Whey Protein Isolate
2. BCAAs Complex
3. Leucine
4. Arginine
5. L-Carnitine
6. Digestive Enzymes

Daily

Recovery Strength Stamina

TYPICAL AMINO ACID PROFILE FOR 3 SCOOP SERVING			
Alanine	2916 mg	Leucine	5721 mg
Arginine†	3723 mg	Methionine	1258 mg
Cysteine	6481 mg	Phenylalanine	1920 mg
Glutamine	1467 mg	Proline	2611 mg
Glutamate & Glutamic Acid†	10330 mg	Serine	2551 mg
Glycine	1618 mg	Threonine	3747 mg
Histidine	1689 mg	Tryptophan	1107 mg
Isoleucine	2391 mg	Valine	1885 mg
Proline	10306 mg	Total	3448 mg
Total		Total	62,939 mg

† Indicates Branched Chain Amino Acid (BCAA).
* Denotes naturally occurring and added free amino acids.

Amplified WheyBolic Extreme 60® Strength

Looking for a protein that will help AMPify your game? When it comes to amplifying your strength, size and stamina, nothing complements your training regimen like Amplified WheyBolic Extreme 60® Strength! Along with a base of whey and leucine – proven in clinical studies to give you 30% increase in strength, increased muscle size, and a 100% improvement in exercise efficiency – we have AMPed up the protein with a total of 10 grams of whey protein for protein synthesis and doubled the hydrolyzates for rapid-absorbing critical nutrients.*** That's even better fuel for a stronger body – premium protein for ADVANCED MUSCLE PERFORMANCE.

The Amplified WheyBolic Extreme 60®

How is this protein AMPified? GNC's scientists worked with leading exercise and sports nutrition experts and went beyond the exercise to develop this distinct product...

Highly Effective Whey-Leucine Base – The impressive 60 grams of protein is made entirely from two of the highest quality, fast-absorbing forms of whey protein – isolates and now even more hydrolyzates.*** With 10 grams of leucine, this creates an ideal environment for muscle protein synthesis.† This potent blend supercharges multiple Genetic Signaling Pathways (GSP) to enhance anabolic and metabolic performance.† In fact, the whey and leucine blend in Amplified WheyBolic Extreme 60® Strength has been shown to increase muscle strength and stamina with half the cost.†††

Microzoned Amino Acids – Using MicroSorb®

Amino Technology, the amino acids added to this formula are pulverized, or micronized from large molecules into smaller particles to facilitate faster absorption. Why is that important? Better absorption of amino acids means better muscle fuel. These key amino acids support muscle building and recovery.

Amino Acceleration System – This digestive enzyme blend is designed to accelerate the availability and absorption of amino acids to be efficiently used by the muscles.

More Key Amino – In addition to a whopping 10 grams of leucine, this formula is loaded with an array of amino necessary for your muscles, which are delivered by our advanced technologies that help to create a dual flow of quick-absorbing aminoing through a blend of microzoned and non-microzoned amino acids that act as critical fuel for protein synthesis and nitrogen balance.† The complete blend of amino acids delivers 4 grams of arginine, which is involved in glutamine synthesis, and even more glutamine providing anabolic effects.† The amino acid L-Carnitine is included to help transform fatty acids into energy while the body's energy production system.††

This blend is the Proven™ and has been shown. This cutting-edge formula is scientifically engineered to AMPify your game.

Amplified Acceleration System – Features an Amino Acceleration System – a digestive enzyme blend with proven effectiveness to speed protein breakdown and provides a 12% greater protein breakdown for improved amino acid uptake.††

Wheyo™ Whey Protein Isolate – Amplified WheyBolic Extreme 60® Strength's whey who can provide the most powerful whey protein.

Who Should Take It? Rice per day. Consume one, two or three scoops of GNC Pro Performance™ AMP Amplified WheyBolic Extreme 60® Strength 30 minutes after your workout.† On non-training days, consume one serving first thing in the morning. For extreme results, take the full three scoop serving twice per day, pre and post-workout.

30% Increase in Muscle Strength

The unique protein blend includes an anabolic molecule of 20 grams of whey protein and 6.2 grams of leucine that was clinically tested in an 8-week study of athletes performing an intense resistance exercise training regimen. The athletes using this proprietary molecule of whey protein and leucine demonstrated an increased improvement in muscle strength and muscle size as compared to those performing the same resistance exercise training regimen.†††

30% INCREASE IN MUSCLE STRENGTH



We've seen a study of athletes performing an intense resistance exercise training regimen. The athletes using this proprietary molecule of whey protein and leucine demonstrated an increased improvement in muscle strength and muscle size as compared to those performing the same resistance exercise training regimen.†††

Increase Muscle Strength and Stamina with Half the Cost

††† In a clinical study using a reduced volume resistance training protocol, the anabolic molecule in 3 scoops of Amplified WheyBolic Extreme 60® Strength has been shown to provide the same gains in maximum muscle strength and stamina as compared to two scoops of the same amount of training without supplementation.†††