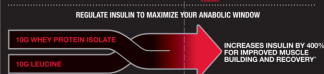




30% Increase in Muscle Strength*
The unique protein blend includes an anabolic module of 20 grams of whey protein and 6.2 grams of leucine that was clinically tested in an 8-week study of athletes performing an intense resistance exercise training regimen. The athletes using this proprietary module of whey protein and leucine demonstrated an increased improvement in muscle strength and muscle size as compared to those performing the same exercise training regimen who did not consume the proprietary module. In a clinical study of participants using a unilateral lower limb resistance training protocol, even the untrained limb demonstrated increases in muscle size.*



As 8-week study of athletes performing an intense resistance exercise training regimen demonstrated that those using the proprietary module of whey protein and leucine in 3 scoops of Amplified WheyBolic Extreme 60™ Strength had greater increases in muscle strength and size than those on a placebo.*



* In a randomized, double-blind, cross-over clinical trial that included 38 recreationally trained, healthy male subjects, those taking this WPI and leucine blend immediately post-workout showed significant increases in plasma insulin concentration. Those taking the WPI and leucine blend showed 400% more insulin 30 minutes post-workout compared to a placebo.



* In an eight-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo, present in 3 scoops of Amplified WheyBolic Extreme 60™ Strength, to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength (1RM) and muscle endurance (ME) compared to the control group.

* As with any food product, use of this product alone will not lead to increased muscle mass or strength. This product is, however, useful for athletes involved in regular intense resistance training programs.

* Per 3 scoop serving.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548
SHOP NOW @ GNC.COM
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



AMPLIFIED WHEYBOLIC EXTREME 60™ STRENGTH

6 PRODUCTS IN ONE

- Proven 30% Increase in Muscle Strength[†] + 60g Whey Isolate to Support Recovery & Muscle Growth^{†*}
- 10g Leucine, 10g Glutamine, 4g Arginine & Fast-Acting Whey Hydrolysates to Accelerate Performance^{†*}
- Clinically Proven to Increase Insulin by 400% to Help Drive Nutrients for More Lean Muscle^{*}

BANNED SUBSTANCE FREE

NITRO-FACTOR | 72G™

VANILLA
NATURAL + ARTIFICIAL FLAVORS

CLINICALLY RESEARCHED

DIETARY SUPPLEMENT
Net Wt 3.18 lbs (50.88 oz) 1445 g

CODE 380143 P03

DIRECTIONS: Once per day as a dietary supplement, consume 1-3 scoops of GNC Pro Performance® AMP Amplified WheyBolic Extreme 60™ Strength in 4, 8 or 12 fl oz of cold water respectively, 30 minutes before your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full 3 scoop serving twice per day, pre and post-workout.

Supplement Facts

Serving Size	1 Scoop (28.3 g)	2 Scoops (56.7 g)	3 Scoops (85 g)
Servings Per Container	50	25	17
Amount Per Serving	% Daily Value	% Daily Value	% Daily Value
Calories	90	180	270
Calories from Fat	5	10	15
Total Fat	0.5 g 1%	1 g 2%	1.5 g 3%
Saturated Fat	0.5 g 1%	1 g 2%	1 g 2%
Cholesterol	5 mg 1%	10 mg 2%	15 mg 3%
Total Carbohydrate	2 g 1%	5 g 2%	7 g 2%
Dietary Fiber	<1 g 1%	<1 g 2%	1 g 4%
Sugars	<1 g	1 g	2 g
Protein	26 g	48 g	80 g
Calcium	87 mg 8%	173 mg 17%	260 mg 26%
Sodium	75 mg 3%	150 mg 6%	230 mg 10%
Potassium	130 mg 4%	260 mg 7%	400 mg 11%
MicroSorb® Amino Acid Complex	4.7 g	8.3 g	14 g
Arginine (as Whey Protein Isolate, Microsorb® L-Arginine and Hydrolyzed Whey Protein), Glutamine (as Whey Protein Isolate, Hydrolyzed Whey Protein and Microsorb® L-Glutamine)			
Leucine	3.3 g	6.7 g	10 g
(as Whey Protein Isolate, L-Leucine and Hydrolyzed Whey Protein)			
L-Carnitine (as L-Carnitine Tartrate)	167 mg	333 mg	500 mg
Amino Acceleration System	79.7 mg	159.3 mg	238 mg
Enzyme Matrix™ Blend (Amylase, Protease 4.5, Protease 6.5, Cellulase®, Pepsinase, Alpha-Galactosidase, Glucosylase, Bromelain, Protease 3.5, Lipase, Protease AM, Invertase, Lactase, Amingase®, Carboxylase)			

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Polydextrose, Lecithin, Titanium Dioxide, Sucralose, Acesulfame Potassium, Cocoa (Processed with Alkali), Vanillin, Caffeine, Salt and Soybeans.

NOTES: See this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur. Amingase® A Carboxylase® are registered trademarks of Nutra Biochemics.

Enzyme Matrix™ and Cellulase® are products of National Enzyme Company. Enzyme Matrix is a GNC trademark.

TYPICAL AMINO ACID PROFILE PER 3 SCOOP SERVING

Alanine	2916 mg	Lysine	5721 mg
Arginine†	3723 mg	Methionine	1258 mg
Aspartate	6481 mg	Phenylalanine	1930 mg
Cysteine	1467 mg	Proline	3814 mg
Glutamine & Glutamic Acid†	90330 mg	Serine	2551 mg
Glycine	1688 mg	Threonine	3347 mg
Histidine†	1688 mg	Tryptophan	1167 mg
Isoleucine†	2092 mg	Tyrosine	1689 mg
Leucine†	9038 mg	Valine†	3449 mg
Total			94390 mg

† Indicates Branched Chain Amino Acids (BCAA).
* Denotes naturally occurring and added free form amino acids.

What is Amplified WheyBolic Extreme 60™ Strength?

Looking for a protein that will help AMPify your game? When it comes to enhancing your strength, size and stamina, nothing complements your training regimen like Amplified WheyBolic Extreme 60™ Strength! Along with a base of whey and leucine – proven in clinical studies to give you 30% increase in strength, increased muscle size, and a 100% improvement in exercise efficiency^{†*} – we have AMPed up the protein with a total of 10 grams of leucine for protein synthesis and doubled the hydrolysates for rapid absorbing critical protein.[†] That's even better fuel for a stronger body – premium protein for ADVANCED MUSCLE PERFORMANCE.*

The Amplified WheyBolic Extreme 60™ Strength Evolution

How is this protein AMPified? GNC's scientists worked with leading exercise and sports nutrition experts and went beyond the extreme to develop this distinct product...

Highly Effective Whey-Leucine Base –

The impressive 60 grams of protein is made entirely from two of the highest quality, fast-absorbing forms of whey protein – isolates and now even more hydrolysates.[†] With 10 grams of leucine, this creates an ideal environment for muscle protein synthesis.^{†*} This potent blend upregulates multiple Genetic Signaling Pathways (GSP) to enhance anabolism and muscle performance.^{*} In fact, the whey and leucine blend in Amplified WheyBolic Extreme 60™ Strength has been shown to increase muscle strength and stamina with half the sets.^{†*}

MicroSorb® Amino Acids – Using MicroSorb®

Amino Technology, some of the amino acids added to this formula are pulverized, or "micronized" from large molecules into smaller particles to facilitate faster absorption. Why is that important? Better absorption of amino acids means better muscle fuel. These key amino acids support muscle building and recovery.*

Amino Acceleration System – This digestive

enzyme blend is designed to accelerate the availability and absorption of amino acids to be efficiently used by the muscles.*

More Key Amino – In addition to a whopping 10

grams of leucine, this formula is loaded with an array of amino acids necessary for your muscles, which are delivered through advanced technologies that help to create a dual flow of quick-absorbing aminos through a blend of micronized and non-micronized amino acids that act as critical fuel

for protein synthesis and nitrogen balance.[†] This

complex blend of amino acids delivers 4 grams of arginine, which is involved in creatine synthesis, and over 10 grams of glutamine providing anabolic effects.^{†*} The amino acid L-carnitine is included to help transform fatty acids into energy for muscles and the body's energy production system.*

The Proof is in the Protein – and then some...

This cutting-edge formula is scientifically engineered to AMPify your game.

Amino Acceleration System

Features an Amino Acceleration System – a digestive enzyme blend with proven bioactivity. This proprietary enzyme blend provides a 12% greater protein breakdown for improved amino acid uptake.^{†*}

Who can benefit from taking Amplified WheyBolic

Extreme 60™ Strength? Those who are participating in resistance training regimens seeking improvements in muscle strength, size and stamina.

When Should I Take It?

Once per day as a dietary supplement, consume 1-3 scoops of GNC Pro Performance® AMP Amplified WheyBolic Extreme 60™ Strength in 4, 8 or 12 fl oz of cold water respectively, 30 minutes before your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full 3 scoop serving twice per day, pre and post-workout.

Nitro-Factor™ – Maximize Muscle Building!

The full muscle-building potential of a GNC product is based on its total nitrogen content – so the more nitrogen a product has, the stronger it will perform. Pro Performance® AMP Amplified WheyBolic Extreme 60™ Strength with a Nitro-Factor™ of 72 grams helps fuel performance and anabolism.^{†*}

Amplified WheyBolic Extreme 60™ Strength

Features 6 Products in 1!

1. Whey Protein Isolate
2. BCAA Complex
3. Leucine
4. Arginine
5. L-Carnitine
6. Digestive Enzymes

STACK WITH: PRO PERFORMANCE® AMP Amplified

Strength Vitapak®, Amplified Creatine XXX™ Power & Amplified Maxertion N.O. V2.



Products bearing this logo have been tested for banned substances by WADA, Sport Science, a world-class anti-doping lab. *Product was tested for over 140 banned substances on the 2014 World Anti-Doping Agency (WADA) Prohibited List and was found to be free of all banned substances. For more information, visit informedchoice.com.