

SystemSupport™

Addressing the root cause of a systemic imbalance can restore your vitality. Gaia Herbs' SystemSupport™ products help naturally restore your body's harmony and balance.

Liver Cleanse

Proper cleansing involves both detoxification and elimination. Liver Cleanse includes herbs traditionally used to deliver antioxidants and promote bile production to support detoxification.* Elimination of those toxins is then supported with herbs such as Dandelion and Burdock.* Ginger root and Rooibos also help aid the inflammatory response while cleansing the liver.*

The Gaia Difference

-  **Liquid potency, easy absorption**
Alcohol-free Liquid Phyto-Caps®
U.S. Patent No. 6,238,676 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Easily digestible plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity

Suggested Use

Adults take 1 capsule 2 times per day between meals for up to 3 to 4 months.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

-  **Liquid potency, easy absorption**
Alcohol-free Liquid Phyto-Caps®
U.S. Patent No. 6,238,676 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**
Plant-derived capsule
-  **Laboratory tested for purity**
Free of heavy-metal toxicity



Black Russian

gaia[®]
HERBS

SystemSupport™

Liver Cleanse

Supports elimination of toxins by the liver*

Aids in the detoxification process*
Milk Thistle & Turmeric extracts

Supports elimination pathways*
Dandelion & Burdock

meet your herbs[®]
SEE BACK OF BOX TO LEARN HOW

 **VEGETARIAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT**

gaia[®]
HERBS

SystemSupport™

Liver Cleanse

Supports elimination of toxins by the liver*

meet your herbs[®]
Enter ID # at GaiaHerbs.com

 **VEGETARIAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT**

Need Liver
Cleansing
Support?*



Black Russian

Suggested Use

Adults take 1 capsule 2 times per day between meals for up to 3 to 4 months.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

Each 2 capsules contain 2,450 mg dry herb equivalent.

Supplement Facts

Daily Serving Size 2 Capsules
Servings Per Container 30

AMOUNT PER SERVING

Calories 10

PROPRIETARY EXTRACT BLEND 972 mg†

Milk Thistle seed ▲ (Silybum marianum), Turmeric root ▲ (Curcuma longa), Corydalis tubers ▲ (Corydalis yanhua), Artichoke leaf ▲ (Cynara scolymus), Dandelion root ▲ (Taraxacum officinale), Yellow Dock root ▲ (Rumex crispus), Burdock root ▲ (Arctium lappa), Rooibos aerial parts ▲ (Aspalathus linearis), Black radish root ▲ (Raphanus sativus var. niger), Figwort aerial parts ▲ (Scrophularia spp.), Gentian root ▲ (Gentiana lutea), Fenugreek seed ▲ (Trigonella foenum-graecum), Ginger root ▲ (Zingiber officinale), Red root ▲ (Ceanothus americanus)

†Daily Value not established.

Other ingredients: Vegetable glycerin, capsule (vegetable cellulose)

▲ = Certified Organic Ingredient
◆ = Ecologically Harvested

gaia[®]
HERBS
101 Gaia Herbs Dr., Brevard, NC 28712
www.gaiaherbs.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

AMOUNT PER SERVING

Calories 10

PROPRIETARY EXTRACT BLEND 972 mg†

Milk Thistle seed ▲ (Silybum marianum), Turmeric root ▲ (Curcuma longa), Corydalis tubers ▲ (Corydalis yanhua), Artichoke leaf ▲ (Cynara scolymus), Dandelion root ▲ (Taraxacum officinale), Yellow Dock root ▲ (Rumex crispus), Burdock root ▲ (Arctium lappa), Rooibos aerial parts ▲ (Aspalathus linearis), Black radish root ▲ (Raphanus sativus var. niger), Figwort aerial parts ▲ (Scrophularia spp.), Gentian root ▲ (Gentiana lutea), Fenugreek seed ▲ (Trigonella foenum-graecum), Ginger root ▲ (Zingiber officinale), Red root ▲ (Ceanothus americanus)

†Daily Value not established.

Other ingredients: Vegetable glycerin, capsule (vegetable cellulose)

▲ = Certified Organic Ingredient
◆ = Ecologically Harvested

Each 2 capsules contain 2,450 mg dry herb equivalent.



gaia[®]
HERBS

Gaia Herbs, Inc.
101 Gaia Herbs Dr.
Brevard, NC 28712
GaiaHerbs.com

A2702
189 130-1112

Review all statements, claims, and product information carefully. This product is not intended to diagnose, treat, cure, or prevent any disease.

gaia[®] plant
HERBS intelligence[®]

GAIA FARM
BREVARD, NC

On-site at Gaia Herbs 250-acre certified organic farm is our 45,000-square-foot certified organic manufacturing facility and analytical laboratory.

Here, we test our herbs' natural chemistry as they grow, allowing us to harvest at peak potency.

meet your herbs[®]

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY: