Single Herbs

Individual herbs in their vibrant, natural form support each person uniquely * Gaia Herbs' single berbs contain. concentrated extracts of an individual herb, to deliver nature's vitality to you.*

Holv Basil Leaf

Holy Basil supports a healthy response to stress, while nourishing the mind and elevating the spirit.* Gaia Herbs uses dual extraction technology to deliver the broad spectrum of herbal constituents within Holy Basil leaf. Supercritical extraction provides fat-soluble constituents. while water-soluble constituents are extracted with water and alcohol

The Gaia Difference

- Liquid potency, easy absorption Alcohol-free Liquid Phyto-Caps® U.S. Patent No. 6 238 696 B1
- 100% vegetarian, dairy free. no gluten-containing ingredients Easily digestible plant-derived capsule
- Laboratory tested for purity Free of heavy-metal toxicity

Suggested Use Adults take 1 cansule 2 times daily

between meals.

If you have a medical condition or take medications, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped Natural separation may occur. This does not

affect product quality. The Gaia Difference

- Liquid potency, easy absorption
- 100% vegetarian, dairy free, no gluten-containing ingredients
- Laboratory tested for purity
 Free of heavy-metal toxicity



Single Herbs

Holy Basil Leaf

Supports a healthy response to stress*

Promotes a healthy inflammatory response with Eugenols: 8.5 mg*

Dual extracted Holy Basil leaf Nourishes emotional well-being*

meetvourherbs

VEGETARIAN LIQUID PHYTO-CAPS®

Single Herbs

Holy Basil Leaf

Supports a healthy response to stress' meetvourherbs

₹60 VEGETARIAN LIQUID PHYTO-CAPS®

Enter ID # at GaiaHerbs.com

Supplement Facts

Servings Per Container 60

Amount Per Serving

292 mat Holy Basil leaf supercritical extract +

Other ingredients: Vegetable glycerin, lecithin (non-GMO), water, and capsule (vegetable cellulose)

Gaia Herbs, Inc. www.gaiaherbs.com 101 Gaia Herbs Dr. Breward NC 28712

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Holy Basil leaf extract A

† Daily Value not established

(Ocimum sanctum)

▲ = Organic Ingredient

+ = Ecologically Harvested Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Holy Basil leaf supercritical extract +

18.5 mg+ Eugenols from both extracts

Other ingredients: Vegetable glycerin, lecithin

(non-GMO), water, and capsule (vegetable cellulose)

Each capsule contains 2,500 mg dry herb equivalent,

Servings Per Container 60

Adults take 1 capsule 2 times daily between meals. Not to be used during prepnancy or lactation. If you have with your doctor before using this product. Keep away from children. Use only as directed on label. Safety. sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

This product is not intended to diagnose, treat, cure, or prevent any disease.

292 mat

190 mg1

(008) 828-1114

Serving Size 1 Capsule

Holy Basil leaf extract A

190 mg+ [8.5 mgt Fugenols from both extracts]

+ Daily Value not established

▲ = Organic Ingredient Fcologically Harvested

Each capsule contains 2,500 mg dry herb equivalent.

Suggested Use

statements have not been evaluated by the Food and Drug Administration.



Gaia Herbs makes conscious choices to keep 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.

GAIA EARM

BREVARD NO

Over 40 crops are grown each year on

Nettles, and more grace our valley, Each

plant thrives naturally here in one of the

meetvourherbs

Track the life story of each

its ID# at GaiaHerbs.com.

PURITY: Trace the origin of

INTEGRITY: See analytical

full phytochemical complex

results for this product.

each herb back to its source

POTENCY: Validate each herb's

herh in your bottle by entering

most fertile bioregions in the world.

our certified organic farm, 250 fragrant acres of Valerian, Echinacea, Holy Basil, Hawthorn



BEST BY: