

Individual herbs in their vibrant, natural form support each person uniquely.* Gaia Herbs' single herbs contain concentrated extracts of an individual herb, to deliver nature's vitality to you.*

Holy Basil supports a healthy response to stress, while nourishing the mind and elevating the spirit.* Gaia Herbs uses dual extraction technology to deliver the broad spectrum of herbal constituents within Holy Basil leaf. Supercritical extraction provides fat-soluble constituents, while water-soluble constituents are extracted with water and alcohol.

- **Liquid potency, easy absorption**
Alcohol-free Liquid Phyto-Caps®
U.S. Patent No. 6,238,696 B1
- **100% vegetarian, dairy free,
no gluten-containing ingredients**
Easily digestible plant-derived capsule
- **Laboratory tested for purity**
Free of heavy-metal toxicity

Adults take 1 capsule 2 times daily between meals.
Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

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Holy Basil Leaf

Supports a healthy response to stress*

Promotes a healthy inflammatory response with Eugenols: 8.5 mg*

Dual extracted Holy Basil leaf
Nourishes emotional well-being*

meet your herbs®
SEE BACK OF BOX TO LEARN HOW


**VEGETARIAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT**

Holy Basil Leaf

**Supports a healthy
response to stress***
meet your herbs®
Enter ID # at GaiaHerbs.com

60 VEGETARIAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	
Calories	5
Holy Basil leaf extract ▲ (<i>Ocimum sanctum</i>)	
	292 mg†
Holy Basil leaf supercritical extract ♦ (<i>Ocimum sanctum</i>)	
	190 mg†
(8.5 mg† Eugenols from both extracts)	

† Daily Value not established

Other ingredients: Vegetable glycerin, lecithin (non-GMO), water, and capsule (vegetable cellulose).

▲ = Organic Ingredient
✚ = Ecologically Harvested

Gaia Herbs, Inc. www.gaiaherbs.com
101 Gaia Herbs Dr., Brevard, NC 28712

Each capsule contains 2,500 mg dry herb equivalent.

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY:

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