

System-Six® is a specialized formula that delivers six support systems to assist with your weight loss goals.*

ONE: Thermogenesis - A combination of Green and White Tea extracts, plus Advantra Z® supply powerful nutrients to enhance thermogenesis (heat production) and help burn calories.*

TWO: Energy - Natural caffeine plus the botanicals Yerba Maté, Guarana and Spirulina help you feel energized.*

THREE: Mood - Standardized Rhodiola extract is included in this formula to support brain health.*

FOUR: Metabolism - A combination of B vitamins help convert food into energy and assist in the breakdown of carbs, fats and proteins.*

FIVE: Carbohydrate Support - Chromium supports the breakdown of carbohydrates into glucose and helps to maintain healthy blood sugar levels already within a normal range.*

SIX: Antioxidants - Vitamins C and E plus other nutrients with antioxidant activity help to protect cell health and offer nutritional support for the body.*

System-Six®, when combined with a low-calorie diet and exercise program, delivers powerful weight loss support to help you meet your goals.*†

Notice: For best results we recommend limiting the consumption of additional caffeine while using this product (e.g. less than three 8 ounce cups of coffee per day).

†Diet & Exercise program available online at www.IrwinNaturals.com/deplan

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

What makes us different:

Liquid Soft-Gels - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. *Advanced Liquid Soft-Gels provide an optimum delivery system.*

Quality Assurance - Irwin Naturals® is committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.

Global Responsibility - Over the years we have donated to organizations that support the environment and the health of our children.

Patented BioPerine® - BioPerine® enhances the bioavailability, absorption and potency of many nutrients.*

WARNINGS: Do not use if safety seal is broken. This product contains niacin and may cause a temporary warming and tingling sensation. This product contains caffeine and may affect blood pressure and/or heart conditions. Check with your doctor before using this product if you are using medication or have any medical conditions, including heart disease and/or high blood pressure. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

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System-Six®

Powerful Weight Loss Support*

Metabolism Boosters & Carb Metabolizer*



Complete Six-in-One Formula for Enhanced Metabolism, Mood & Energy Support*

100 LIQUID SOFT-GELS
DIETARY SUPPLEMENT

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take six (6) Liquid Soft-Gels per day with meals. May be taken all at one time or in divided doses. If caffeine keeps you up at night, do not take this product in the evening since it contains natural caffeine.

Supplement Facts

Serving Size: 6 Liquid Soft-Gels
Servings per Container: 16

	Amount per Serving	%Daily Value		Amount per Serving	%Daily Value
Vitamin C (as Ascorbic Acid)	40 mg	67%	Advantra Z® Bitter Orange extract (5% synephrine/fruit)	200 mg	†
Vitamin E (as d-Alpha Tocopherol)	10 IU	33%	L-Carnitine (as L-Carnitine Fumarate)	200 mg	†
Thiamin (as Thiamine Hydrochloride)	1 mg	67%	L-Tyrosine	100 mg	†
Riboflavin	1 mg	50%	Choline (as Choline Bitartrate)	60 mg	†
Niacin (as Nicotinamide)	14 mg	27%	Inositol	60 mg	†
Vitamin B12 (as Cyanocobalamin)	4 mcg	67%	Cayenne powder (fruit)	40 mg	†
Pantothenic Acid (as D-Calcium Pantothenate)	60 mg	600%	Ginger powder (root)	40 mg	†
Selenium (as Selenium Aspartate)	24 mcg	49%	Guarana (Paulinia cupana) powder (seed)	40 mg	†
Chromium (as Chromium Picolinate)	200 mcg	167%	Mate (Yerba Mate) extract (4:1)(seed)	40 mg	†
Fish Oil (30% Omega-3 fatty acids)	3053 mg	†	Spirulina (Arthrospira platensis) powder	40 mg	†
Garcinia extract (50% hydroxytric acid)(fruit)	670 mg	†	Betaine (as Betaine Hydrochloride)	15 mg	†
White Tea extract (50% EGCG, 2% Caffeine)(leaf)	600 mg	†	BioPerine Complex	6 mg	†
Green Tea extract (40% caffeine)(leaf)	375 mg	†	BioPerine® Black Pepper extract (95% piperine)(fruit, ginger extract (5% gingerole)(root)		
Rhodiola extract (3% rosinarin)(root)	340 mg	†			

†Daily Value not established.

Other Ingredients: Gelatin, purified water, glycerin, soy lecithin, beeswax, annatto, tannic, titanium dioxide, St. John's bread and sodium copper chlorophyllin.

Contains: Fish (anchovy, sardine), Soy

†BioPerine® is a registered trademark of Sabinsa Corporation.

Advantra Z® is a registered trademark of Nutatech, Inc.

No preservatives added.

DISTRIBUTED, FORMULATED AND QUALITY TESTED BY:
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To join our Wellness Club and receive tips on how to improve your health, please visit us at: www.IrwinNaturals.com/wellness1