

Train, Recover, Repeat...

Recovery is an essential part of any workout routine; it not only helps to repair and build muscles, but is paramount for performance and continued improvement.

To help optimize your recovery, we developed this science-based formula that supports overworked muscles during the rest & recovery phase.* Turmeric After-Sport™ is an advanced nutritional supplement designed to:

- promote muscle relaxation*
- reduce temporary pain and muscle stiffness associated with strenuous exercise*
- support a healthy inflammatory response due to overexertion*

Turmeric After-Sport™ is ideally suited for every type of athlete and sport. Use this product daily to maintain wellness, or occasionally (as needed) to keep you on top of your game.*

What makes us different:

Liquid Soft-Gels - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. Advanced Liquid Soft-Gels provide an optimum delivery system.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Quality Assurance - Irwin Naturals® is committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.



Global Responsibility - Over the years we have donated to organizations that support the environment and the health of our children.



Patented BioPerine® - BioPerine® enhances the bioavailability, absorption and potency of many nutrients.*

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you have a bile duct obstruction. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

QUESTIONS: Call Consumer Affairs 1-800-257-3273
Weekdays 8:00 AM to 5:00 PM (PST)
Questions@IrwinNaturals.com

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Curcumin C3
Complex

irwin
naturals

Turmeric After-Sport™ with Magnesium



Post-Workout Recovery

Reduces Temporary Pain &
Stiffness Due to Strenuous Exercise*

60 LIQUID SOFT-GELS
DIETARY SUPPLEMENT

Full Disclosure Ingredient Panel

DIRECTIONS: Take three (3) Liquid Soft-Gels per day with a meal.

Supplement Facts

Serving Size: 3 Liquid Soft-Gels

Servings per Container: 20

	Amount per Serving	%Daily Value
Magnesium (as Magnesium Citrate)	150 mg	38%
Coconut oil (copra)	800 mg	†
Flaxseed oil (seed)	600 mg	†
MCT (Medium Chain Triglyceride) oil	400 mg	†
Curcumin C3 Complex® Turmeric extract (95% curcuminoids)(rhizome)	200 mg	†
CherryPURE® Tart Cherry powder (fruit)	150 mg	†
Boswellin® Indian Frankincense extract (30% acetyl-keto-beta-boswellic acid)(gum resin exudate)	100 mg	†
BioPerine Complex BioPerine® Black Pepper extract (95% piperine) (fruit). Ginger extract (5% gingerols)(rhizome)	6 mg	†

†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, beeswax, mono- and diglyceride, soy lecithin, annatto extract, titanium dioxide, St. John's bread and sodium copper chlorophyllin.

Contains: Soy, Tree Nuts (Coconut)

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BOSWELLIN® is a registered trademark of Sabinsa Corporation.

CherryPURE® is a registered trademark of Shoreline Fruit, LLC.



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No preservatives added.

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