

## Single Herbs

Individual herbs in their vibrant, natural form support each person uniquely.\* Gaia Herbs' Single herbs contain concentrated extracts of an individual herb, to deliver nature's vitality to you.\*

## Green Tea

Green Tea is one of the richest documented sources of antioxidants. It contains Polyphenols that are known collectively as Catechins. Gaia Herbs' Green Tea uses certified organic green tea leaves, extracted and concentrated to provide the full spectrum of phytochemicals naturally found in green tea leaves and contains 300 mg of Polyphenols per serving.

## The Gaia Difference

-  **Liquid potency, easy absorption**  
Alcohol-free Liquid Phyto-Caps®  
U.S. Patent No. 6,238,696 B1
-  **100% vegetarian, dairy free, no gluten-containing ingredients**  
Easily digestible plant-derived capsule
-  **Laboratory tested for purity**  
Free of heavy-metal toxicity

gaia  
HERBS

## Single Herbs

# Green Tea

**Provides whole body anti-oxidant support\***

**Supports heart health\***  
Polyphenols 300 mg

**Convenient form of Green Tea**  
Liquid extract in a capsule

meetyourherbs®  
SEE BACK OF BOX TO LEARN HOW

 **VEGETARIAN LIQUID PHYTO-CAPS®  
DIETARY SUPPLEMENT**

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HERBS

## Single Herbs

# Green Tea

**Provides whole body anti-oxidant support\***

meetyourherbs®  
Enter ID # at GaiaHerbs.com

 **VEGETARIAN LIQUID PHYTO-CAPS®  
DIETARY SUPPLEMENT**

BEST BY  
Enter ID# at GaiaHerbs.com

## Suggested Use

**Adults take 2 capsules 2 times daily after meals.**

*Not to be used during pregnancy or lactation. If you have a medical condition or take medications please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

**Each 2 capsules contain 10,150 mg dry herb equivalent.**

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

### AMOUNT PER SERVING

Calories 10

Green Tea leaf extract ▲  
(Camellia sinensis) 374 mg†

Green Tea leaf extract +  
(Camellia sinensis) 322 mg†  
(300 mg† total polyphenols from E10H Extract)

† Daily Value not established  
This product contains caffeine from Green Tea.

Other ingredients: Vegetable glycerin, capsule (vegetable cellulose)

▲ = Certified Organic Ingredient

+ = Ecologically Harvested

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101 Gaia Herbs Dr., Brevard, NC 28712  
www.gaiaherbs.com

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Gaia Herbs, Inc.,  
101 Gaia Herbs Dr.,  
Brevard, NC 28712  
GaiaHerbs.com

A390612  
(201) 432-0472

gaia plant  
HERBS intelligence®

GAIA FARM  
BREVARD, NC

Over 40 crops are grown each year on our certified organic farm. 250 fragrant acres of Valerian, Echinacea, Holy Basil, Hawthorn, Nettles, and more grace our valley. Each plant thrives naturally here, in one of the most fertile bioregions in the world.

meetyourherbs®

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

**PURITY:** Trace the origin of each herb back to its source.

**INTEGRITY:** See analytical results for this product.

**POTENCY:** Validate each herb's full phytochemical complex.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboards, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY: