

Suggested Usage: Take 1 to 2 droppersful in tea or water prior to bedtime as needed.

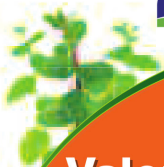
Valerian Root has been an herbal favorite in many cultures for centuries.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. This product may cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of valerian.

Natural color variation may occur in this product.

Store in a cool, dry, dark place after opening.

CODE 4970 V4



Valerian Root Extract

Herbal Supplement

Harvest Fresh Herbs

Net 2 fl. oz. (60 mL)

A Dietary Supplement Vegetarian/Vegan

Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 2 Droppersful (1.6 mL)
Servings Per Container about 38

Amount Per Serving

Valerian Root Extract (<i>Valeriana officinalis</i>)	1.6 mL*
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* Daily Value not established.

Other ingredients: Water, Vegetable Glycerin and Grain Alcohol (20%).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Please Recycle.

