

0642-0093-30

Vitafo^l Ultra

PRENATAL SUPPLEMENT WITH 200 mg DHA

METAFOLIN[®]

Unit Dose Pack
30 Softgel Capsules



U.S. PATENTED

Supplement Facts

Serving Size 1 Softgel Capsule

Each Softgel Capsule contains		% Daily Value in Pregnancy
Vitamin A (as beta carotene)	1100 IU	14%
Vitamin C (as ascorbic acid)	30 mg	50%
Vitamin D (as cholecalciferol)	1000 IU	200%
Vitamin E (as d-alpha tocopheryl acetate)	20 IU	67%
Thiamin (Vitamin B1)	1.8 mg	94%
Riboflavin (Vitamin B2)	1.8 mg	90%
Niacin (as niacinamide)	15 mg	75%
Vitamin B6 (as pyridoxine hydrochloride)	2.5 mg	100%
Folate (as Folic acid USP 54 mg and L-methylfolate sodium 54 mg)	1 mg	125%
Vitamin B12 (as cyanocobalamin)	12 mcg	150%
Iron (as polyanhydride iron complex)	29 mg	161%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	20 mg	4%
Zinc (as zinc oxide)	25 mg	167%
Copper (as copper oxide)	2 mg	100%
Algal oil blend (from Crypthecodinium cohnii) (providing 200 mg DHA (docosahexaenoic acid))	415 mg*	†
* Daily Value not established		

Other Ingredients: Gelatin, Sorbitol, Glycerin, Soybean Oil, Yellow Beeswax, USP Purified Water, Lecithin, FD&C Blue #1, Titanium Dioxide (yellow), Ethyl Vanillin. May contain: Corn Oil, d-alpha tocopherol, High Oleic Sunflower Oil, Tocopherols, Ascorbyl Palmitate. Contains: Soy.

USAGE: Vitafo^l Ultra provides vitamin, mineral, and DHA supplementation prior to conception, throughout pregnancy, and during the postnatal period for the lactating and non-lactating mother, including individuals with known allergies to fish. Vitafo^l Ultra does not contain fish, fish oils, fish proteins or fish byproducts.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or a Poison Control Center immediately.

DIRECTIONS FOR USE: Before, during and after pregnancy, one softgel capsule daily or as directed by a physician.

HOW SUPPLIED: Vitafo^l Ultra is available as a dark blue, oval shaped softgel capsule imprinted "EV0030". Available in Box of Unit-Dose pack of 30 (5 child resistant blister cards of 6 softgel capsules), 0642-0093-30 and as professional samples 0642-0093-01.

Store at room temperature, approximately 15°-30°C (59°-86°F), avoid excessive heat, light and moisture. Rx

See package insert for full prescribing information

Manufactured for

EVERETT LABORATORIES, INC., Chatham, NJ 07724

You should call your doctor for medical advice about serious adverse events.

To report a serious adverse event or obtain product information, contact

1-877-324-9349

Vitafo^l is a trademark of Everett Laboratories, Inc.

U.S. Patent No. 8,183,327

Metafolin is a trademark of DSM.

U.S. Patent No. 7,163,811 and 7,334,892

Metafolin is a trademark of Merck KGaA, Darmstadt, Germany.

U.S. Patent No. 6,441,168; 5,997,915; 6,294,804; 6,808,725 and 7,674,480 (Rev. 08/12)

Vitafo^l Ultra

PRENATAL SUPPLEMENT WITH 200 mg DHA

- 1 mg Folate (400 mcg as Folic Acid and 600 mcg as Metafolin[®])
- 150 mcg Iodine
- 1000 IU Vitamin D
- 200 mg Plant source DHA
- Gluten, Lactose and Sugar Free

Small,
All-in-One,
Once Daily
Softgel Capsule

Lot No.

Exp. Date:



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