

Suggested Usage: Take 2 droppersful in juice, water or herbal tea 1 to 3 times daily as needed. Daily usage not to exceed 4 weeks.

Caution: US FDA advises that a potential risk of rare, but severe, liver injury may be associated with kava-containing dietary supplements. Ask a healthcare professional before use if you have or have had liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if you develop symptoms that may signal liver problems (e.g., unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Not for use with alcoholic beverages. Excessive use or use with products that cause drowsiness may impair your ability to operate a vehicle or heavy equipment.

Natural color variation may occur in this product.

CODE 4893B V3



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Kava Kava Extract

Relaxation*

- Herbal Peacefulness*
- With Glycerin

Net 2 fl. oz. (60 mL)

A Dietary Supplement Vegetarian/Vegan

Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 2 Droppersful (1.6 mL)

Servings Per Container about 38

Amount Per Serving

Vanuatuan and/or Fijian	1.6 mL*
Kava Kava Root (<i>Piper methysticum</i>) Extract	

* Daily Value not established.

Other ingredients: Vegetable Glycerin and Grain Alcohol (30%).

NOW FOODS, 395 S. Glen Ellyn Rd.

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Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

