

the Vitamin Shoppe Alpha Lipoic Acid (50 MG) 120 Tablets

Product Label

A powerful, natural antioxidant that is both water and fat soluble. Alpha-lipoic acid helps regenerate other antioxidants back to their active states and assists in producing energy from proteins, carbohydrates, and fats.

About this product

A powerful, natural antioxidant that is both water and fat soluble. Alpha-lipoic acid helps regenerate other antioxidants back to their active states and assists in producing energy from proteins, carbohydrates, and fats.

Directions

As a dietary supplement, take one (1) to two (2) tablets daily, preferably with a meal.

Warning

Consult with your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Does Not Contain:

Yeast, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors Added.

Alpha Lipoic Acid Supplement Facts

Supplement Facts

Serving Size 1 TABLET

Servings Per Container 120

	Amount	%
	Per Daily	
	Serving Value	
Alpha Lipoic Acid	50 Mg	N/A*

* Daily value not established

Other Ingredients:

Microcrystalline cellulose, calcium carbonate, croscarmellose sodium, stearic acid, magnesium stearate, hydroxypropyl methylcellulose, maltodextrin, silica, polyethylene glycol.

