

Herb Specialists Since 1972

Nervous System Support

RECOMMENDATION

Take one or two tablets one hour before bedtime for continual, time-release benefits during the night.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.

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VALERIAN

Time Release Formula

- Nutritional Support for Restful Sleep
- Provides Soothing and Calming Properties*

Herbal Dietary Supplement
60 TABLETS

Stock No. 721-1
**NATURE'S SUNSHINE
PRODUCTS, INC.**
Spanish Fork, Utah 84660
1-800-223-8225
www.naturessunshine.com

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per 2 Tablets

Valerian Root Extract (*Valeriana officinalis*) 1040 mg†
0.8% valerenic acids (standardized) 8 mg†

†Daily Value not established

Other Ingredients: Cellulose (plant fiber), dicalcium phosphate, stearic acid (vegetable), magnesium stearate (vegetable), and sodium copper chlorophyllin.

GUARANTEED PURE

LOT:
Full Potency Through:

