



Triphala

500 mg

Ayurvedic Digestive Cleanser*

- Standardized Fruit Extract
- Ayurvedic Tonifier & Digestive Support*

120 Tablets

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 2 Tablets Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	< 1%*
Dietary Fiber	< 1 g	2%*
Calcium (from Calcium Carbonate)	120 mg	12%
Magnesium (from Magnesium Oxide)	200 mg	50%
Triphala Extract (min. 40% Tannins)	1 g (1,000 mg)	†
Amla (<i>Emblica officinalis</i>) Fruit Extract		
Behada (<i>Terminalia bellerica</i>) Fruit Extract		
Harada (<i>Terminalia chebula</i>) Fruit Extract		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Silica and Vegetarian Coating.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.



Suggested Usage: Take 2 tablets daily between meals.

Triphala is a combination of three fruits (Harada, Amla and Behada) that has been used in Ayurvedic herbalism for thousands of years.* Triphala has been historically used as a digestive cleanser and tonifier.* In recent years, Triphala has been shown to be a potent free radical scavenger.* In addition, it has been found to possess numerous other bioactive compounds, including gallic acid, tannic acid, and epicatechin.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet.
Keep in Bottle.

TABLET SIZE

CODE 4764 ZB V9



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