

Suggested Usage: Take 1 capsule 1 to 2 times daily as needed. Daily usage not to exceed 4 weeks.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: US FDA advises that a potential risk of rare, but severe, liver injury may be associated with kava-containing dietary supplements. Ask a healthcare professional before use if you have or have had liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if you develop symptoms that may signal liver problems (e.g., unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breast feeding women. Not for use with alcoholic beverages. Excessive use or use with products that cause drowsiness may impair your ability to operate a vehicle or heavy equipment.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet.
Keep in Bottle.

CODE 4716 V5



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Kava Kava Extract

250 mg

Relaxation*

- 30% Kavalactones
 - Herbal Relaxing Blend*
- 60 Capsules**
A Dietary Supplement

Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Kava Kava Extract (*Piper methysticum*) (Root) 250 mg*
(Standardized to contain min. 30% Kavalactones)

Eleuthero (*Eleutherococcus senticosus*) (Root) 100 mg*

* Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose, Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Settling of powder may occur in the capsule, which is filled by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.

