

Suggested Usage: Take 2 capsules daily as needed.

Gotu Kola (*Centella asiatica*) has been employed by traditional herbalists since prehistoric times. Its wide range of applications has been well documented in Southeast Asia and India for centuries and continues to be used within the framework of modern herbalism. Gotu Kola is not related to kola nuts and does not have any caffeine.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 4700 v3



7 33739 04700 7



Gotu Kola

450 mg

Herbal Supplement

Traditional Herb

100 Capsules

A Dietary Supplement

Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

	Amount Per Serving	% Daily Value
Total Carbohydrate	< 1 g	< 1%*
Gotu Kola (<i>Centella asiatica</i>) (Aerial)	900 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin (capsule) and Stearic Acid (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

