

Suggested Usage: Take 2 capsules daily as needed.

NOW® Goldenseal Root is derived from the root of the *Hydrastis canadensis* plant. It has been used traditionally by Native Americans for hundreds of years and is still used by modern herbalists today.

Caution: For adults only. Consult physician if taking medication or have a medical condition. Continuous high level consumption of this product for more than 2 weeks of each month is not recommended. Not recommended for use by pregnant or nursing women. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

CODE 4690 V3



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CAPSULE SIZE



Goldenseal Root

500 mg

Herbal Supplement

Wildcrafted in the USA

50 Capsules

A Dietary Supplement

Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 25

	Amount Per Serving	% Daily Value
Total Carbohydrate	< 1 g	< 1%*
Goldenseal Root (<i>Hydrastis canadensis</i>)	1 g (1,000 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin (capsule) and Stearic Acid (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.

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Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Produced in a GMP facility that processes other ingredients containing these allergens.

